

# Lakewood Gardens 2024 September Menu

Menu  
subject to  
change without  
prior notice.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <b>LUNCH</b> Green Salad w/Dressing Roast Pork, Gravy, Au Gratin Potatoes, Wax Beans, Bread Apple Pie <b>DINNER</b> Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit	<i>Labor Day</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <b>LUNCH</b> Diced Tomato Salad Stir Fry Chicken, Vegetables Steamed Rice Chocolate Pudding <b>DINNER</b> Cream of Broccoli Soup Beefe and Macaroni, Zucchini Bread, Cran-Apple Crisp	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Beef Steak Gravy, Corn w/Pimento Mashed Potatoes, Pineapple Cake <b>DINNER</b> Tomato Soup, Tuna Salad Sandwich 3-Bean Salad, Sliced Peaches	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <b>LUNCH</b> Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup <b>DINNER</b> Beef Barley Soup, Cottage Pie Peas and Carrots, Dinner Roll Carrot cake w/Frosting	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast <b>LUNCH</b> Green Salad, Dressing, Sweet 'n' Sour Pork, White Rice, Green Beans Oatmeal Cookies <b>DINNER</b> Split Pea Soup, Turkey a la King Toast, Mixed Vegetables Butterscotch Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-O-Meal, French Toast, Syrup <b>LUNCH</b> Carrot Salad, Chicken Macaroni & Cheese, Sliced Zucchini, Cornbread Sherbet <b>DINNER</b> Chicken Noodle Soup, Fish Burger Tartar Sauce, French Fries, Coleslaw Brownie	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Omeal, Scrambled Egg, Biscuit <b>LUNCH</b> Green Salad, Dressing Corned Beef and Boiled Cabbage Sliced Carrots, Bread Spiced Apple Sauce <b>DINNER</b> Clam Chowder Soup, Deli Meat Sandwich, Potato Chips Green Peas, Cookie
<i>Grandparents' Day</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup <b>LUNCH</b> 3-Bean Salad, Roast Turkey, Gravy Stuffing, Green Beans, Dinner Roll Apple Crisp <b>DINNER</b> Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandinavian Vegetables, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Sausage <b>LUNCH</b> Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Corn Bread, Pineapple Tidbits <b>DINNER</b> Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli, Garlic Bread, Peanut Butter Cookies	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Hard Boiled Egg <b>LUNCH</b> Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit <b>DINNER</b> Potato Chowder, Tuna Melt Sandwich, Mixed Vegetables Bread Pudding	<i>Patriot Day</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup <b>LUNCH</b> Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake <b>DINNER</b> Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine <b>LUNCH</b> Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp <b>DINNER</b> Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet <b>LUNCH</b> Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies <b>DINNER</b> Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach, Strawberry Yogurt	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <b>LUNCH</b> Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream <b>DINNER</b> Chicken Noodle Soup, Western BBQ Sandwich, Baked Beans Coleslaw, Peaches
<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Diced Sausage <b>LUNCH</b> 3-Bean Salad, Roast Beef, Gravy Scalloped Potatoes, Roll Yellow Cake Topping <b>DINNER</b> Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <b>LUNCH</b> Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet <b>DINNER</b> Cream of Broccoli Soup Turkey Pot Pie, Green Beans, Bread Carrot Cake	<i>MidAutumn Moon Festival</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies <b>DINNER</b> Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge, Custard	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup <b>LUNCH</b> Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake <b>DINNER</b> Beef Stew w/Vegetables Cornbread, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast <b>LUNCH</b> Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Bread, Peanut Butter Cookies <b>DINNER</b> Vegetable Soup, Beef Fried Steak Country Gravy, Potato Wedges Yellow Squash, Bread Coconut Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Egg w/Diced Ham <b>LUNCH</b> Green Salad, Dressing Oven Baked Fish, Rice Pilaf Sliced Carrots, Spiced Pears <b>DINNER</b> Beef Barley Soup, Turkey Tetrazinni Waxed Beans, Bread, Carrot Cake	<i>Oktoberfest begins</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup <b>LUNCH</b> Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding <b>DINNER</b> Cream of Tomato Soup Pork Rib Patties on Bun Green Pea Salad Chilled Pineapple Tidbits
<i>Autumn Begins</i> <b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelet <b>LUNCH</b> Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet <b>DINNER</b> Green Salad, Cornbread Chili Con Carne, Grated Cheese Apple Crisp	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup <b>LUNCH</b> Green Salad, Dressing Cheese Manicotti, Egg Noodles Green Beans, Bread, Fresh Fruit <b>DINNER</b> Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg, Toast <b>LUNCH</b> Green Salad, Salisbury Steak, Gravy Seasoned Spinach Whipped Potatoes, Bread Gello Cubes w/Topping <b>DINNER</b> Split Pea Soup Pastrami Sandwich Potato Chips, Peaches	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup <b>LUNCH</b> Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream <b>DINNER</b> Vegetable Soup, Ravioli Italian Vegetables, Bread Ambrosia	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast <b>LUNCH</b> Diced Cucumber w/Sour Cream Country Meatloaf, Gravy Bowtie Noodles, Green Beans Chocolate Cream Pie <b>DINNER</b> Zucchini Soup, BBQ Sausage Oven Baked Red Potatoes, Bread Apple Whip	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies <b>DINNER</b> Clam Chowder Sloppy Joe w/Bun, Fries Chilled Pineapple Tidbits	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Scrambled Egg w/Diced Bacon <b>LUNCH</b> Tomato Salad w/French Dressing BBQ Chicken, Rice, Broccoli, Bread Fresh Fruit <b>DINNER</b> Old Fashioned Beef Stew Cornbread, Carrot Cake
<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <b>LUNCH</b> Green Salad w/Dressing Roast Pork, Gravy, Au Gratin Potatoes, Wax Beans, Bread Apple Pie <b>DINNER</b> Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <b>LUNCH</b> Diced Tomato Salad Stir Fry Chicken, Vegetables Steamed Rice Chocolate Pudding <b>DINNER</b> Cream of Broccoli Soup Beefe and Macaroni, Zucchini Bread, Cran-Apple Crisp	Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.	<b>BEVERAGES</b> <b>Breakfast</b> Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea	<b>The Month of September is...</b> All American Breakfast Month Classical Music Month Healthy Aging Month International Square Dancing Month National Apple Month National Chicken Month National Courtesy Month National Honey Month National Piano Month National Self Improvement Month National Sewing Month National Shake Month National Square Dance Month National Wilderness Month National Yoga Month Social Wellness Self-Improvement Month World Alzheimer's Month		