

Lakewood Gardens 2021 September Menu

Menu
subject to
change without
prior notice.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.	BEVERAGES Breakfast Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea	THE MONTH OF SEPTEMBER IS... Americana Month Better Breakfast Month Blood Cancer Awareness Month Classical Music Month Hispanic Heritage Month Intergeneration Month National Square Dance Month National Chicken Month National Courtesy Month National Honey Month	National Piano Month National Potato Month National Preparedness Month National Sewing Month National Suicide Prevention Month Pulmonary Fibrosis Awareness Month Self-Care Awareness Month Save Your Photo Month Self-Improvement Month Whole Grains Month	BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup LUNCH Sliced Cucumber w/Sour Cream Beef and Cabbage Casserole Steamed Rice, Bread, Pineapple DINNER Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	BREAKFAST Fruit Juice, Milk Cream of Rice, Scrambled Egg LUNCH Green Salad, Spaghetti & Meat Sauce, Green Beans Garlic Bread, Gelo Cubes DINNER Cream Broccoli Soup, Deli Meat Sandwich Pasta Salad Lettuce, Tomato, Custard	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast, Fruit Cup LUNCH Green Salad, Sloppy Joe on Bun Green Beans, Potato Salad Cherry Crunch DINNER Split Pea Soup, Grilled Ham & Cheese Sandwich, Potato Chips Fresh Fruit Compote	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH Sliced Hot Dog w/BBQ Sauce Baked Beans, Mixed Vegetables Bread, Apple Pie DINNER Cream of Celery Soup Hamburger on a Bun, French Fries Sliced Tomato, Lettuce, Brownie
BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup LUNCH Green Salad w/Ranch Dressing Roast Beef w/Gravy, Scalloped Potatoes, Seasoned Peas, Cake DINNER Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit	<i>Rosh Hashanah (begins at sundown)</i> <i>Labor Day</i> BREAKFAST Fruit Juice, Milk Cream of Rice, Pancakes LUNCH Green Salad, Vegetable Lasagna Mixed Vegetables, Bread, Jello DINNER Tomato Soup, Turkey Rice Casserole Steamed Broccoli, Bread, Spiced Pears	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing, Chicken Enchiladas, Refried Beans Lettuce/Tomato, Cookies DINNER Chicken Noodle Soup, BBQ Beef on a Bun, Mashed Potatoes Peach Crisp	BREAKFAST Fruit Juice, French Toast Cream of Wheat, Fruit Cup LUNCH Sliced Cucumber w/Vinaigrette Salisbury Steak, Broccoli Bread, Fresh Fruit Cup DINNER Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard	BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast, Fruit Cup LUNCH Green Salad, Chicken Parmesan Spaghetti Noodles, Mixed Vegetables, Jello DINNER Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Gingerbread Cake	BREAKFAST Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup LUNCH Salad w/Dressing, Baked Fish Tater Tots, Sliced Zucchini, Bread Yellow Cake Topping DINNER Clam Chowder Soup Hot Dogs on a Bun, French Fries Baked Beans, Fresh Fruit	<i>Patriot Day</i> BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast LUNCH Pork and Rice Casserole Broccoli, Bread Chocolate Pudding DINNER Vegetable Soup Spaghetti & Meatballs, Garlic Bread Spiced Apple Sauce	
<i>Grandparents Day</i> BREAKFAST Fruit Juice, Milk, Toast, Fruit Cup Cream of Rice, Cinnamon French LUNCH Beet Salad, Roast Turkey, Gravy Stuffing, Green Peas, Roll Blueberry Crisp DINNER Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Sweet & Sour Chicken Rice, Broccoli, Bread, Yogurt DINNER Beef Barley Soup Grilled Cheese Sandwich Green Peas, Fresh Fruit	BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup LUNCH Green Salad, Dressing, Chicken Fajitas, Refried Beans, Flour Tortillas Spiced Peaches DINNER Corn Chowder Soup, Beef & Macaroni, Carrots, Bread Fruited Gelatin	<i>Yom Kippur (begins at sundown)</i> BREAKFAST Fruit Juice, Milk, Oatmeal, Buttermilk Pancakes, Syrup, Fruit Cup LUNCH Cucumber Vinaigrette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie DINNER Beef Stew w/Vegetables, Biscuit Chocolate Cookies	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin LUNCH Green Salad, Dressing, Lasagna Vegetable Blend, Garlic Bread Fresh Fruit Cup DINNER Cabbage Soup, Chicken Salad Sandwich, Potato Salad Bread Pudding	BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup LUNCH Green Salad, Dressing, BBQ Chicken Steamed Rice, Sliced Zucchini Yogurt w/Topping DINNER Split Pea Soup, Hamburger on Bun French Fires, Leaf Lettuce Tomato Slice, Peach Crisp	BREAKFAST Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake Scrambled Egg w/Sausage LUNCH Green Salad, Dressing, Beef and Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies DINNER Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail	
BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup LUNCH Green Salad, Dressing Roast Turkey w/Gravy, Stuffing Green Beans, Bread Pudding DINNER Barley Soup, Tuna Salad, Fruit Carrot Salad, Bread, Cherry Crunch	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH Green Salad, Dressing Hot Dog on a Bun, French Fries Chocolate Pudding DINNER Mushroom Soup, BBQ Pork on Bun Potato Salad, Fresh Melon	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup LUNCH Green Salad, Mexican Lasagna Refried Beans, Apple Crisp DINNER Cream of Tomato Soup, Marconi & Cheese, Green Beans, Corn Bread Chocolate Pudding	<i>Fall Begins</i> BREAKFAST Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal LUNCH Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Spinach, Bread, Pineapple Sherbet DINNER Vegetable Soup, Tuna Salad Sandwich, Beet Salad Frosted Spice Cake	BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast LUNCH Beet Salad, Mostaccioli w/Meat Sauce, Sliced Zucchini Fruit in Season DINNER Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Gingerbread Cake	BREAKFAST Fruit Juice, Cream of Rice Milk, French Toast LUNCH Green Salad, Dressing, Monterey Chicken, Boiled Potatoes, Sliced Carrots, Roll, Chocolate Pudding DINNER Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast LUNCH Macaroni Salad Hamburger on a Bun Lettuce and Tomato, Baked Beans Watermelon DINNER Turkey Soup, Grilled Cheese Sandwich, Tater Tots, Pineapple	
BREAKFAST Fruit Juice, Milk Cream of Wheat, Scrambled Egg Coffee Cake, Banana Half, Toast LUNCH Roast Turkey, Gravy, Stuffing Green Beans, Pudding DINNER Beef Barley Soup, Chili Con Carne with Cheddar Cheese, Cornbread Butterscotch Pudding	BREAKFAST Fruit Juice, Milk, Oatmeal Cheesy Scrambled Egg, Toast Fruit Cup LUNCH Green Salad, Slice of Ham, Au Gratin Potatoes, Peas, Bread, Yogurt DINNER Tomato Soup, Grilled Cheese Sandwich, 3 Bean Salad Pear Crisp	BREAKFAST Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup LUNCH Green Salad, Dressing, Beef Fajitas Refried Beans, Flour Tortillas, Cookies DINNER Bean Soup, Chicken Tetrazzini Steamed Carrots, Cornbread Fresh Melon	BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup LUNCH Sliced Cucumber w/Sour Cream Beef and Cabbage Casserole Steamed Rice, Bread, Pineapple DINNER Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	BREAKFAST Fruit Juice, Milk Cream of Rice, Scrambled Egg LUNCH Green Salad, Spaghetti & Meat Sauce, Green Beans Garlic Bread, Gelo Cubes DINNER Cream Broccoli Soup, Deli Meat Sandwich Pasta Salad Lettuce, Tomato, Custard			