

Lakewood Gardens 2025  
October Menu

Menu subject  
to change  
without prior notice.  
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SUNDAY	MONDAY		TUESDAY	WEDNESDAY		THURSDAY	FRIDAY		SATURDAY	
Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.	<b>BEVERAGES</b> <b>Breakfast</b> Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea		<b>The Month of October is...</b>  American Cheese Month Black History Month Breast Cancer Awareness Month (Pink Awareness) Country Music Month Emotional Wellness Month German-American Appreciation Month Healthy Lung Month Italian-American Heritage Month Long-Term Care Planning Month National Book Month		<b>Yom Kippur (begins at sundown)</b> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <b>LUNCH</b> Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup <b>DINNER</b> Chicken Noodle Soup Hamburger on Bun, French Fries Brownie		<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast <b>LUNCH</b> Green Salad, Dressing, Sweet 'n' Sour Pork, White Rice, Green Beans Oatmeal Cookies <b>DINNER</b> Split Pea Soup, Turkey a la King Toast, Mixed Vegetables Butterscotch Pudding		<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-O-Meal, French Toast, Syrup <b>LUNCH</b> Carrot Salad, Chicken Macaroni & Cheese, Sliced Zucchini, Cornbread Sherbet <b>DINNER</b> Beef Barley Soup, Cottage Pie Peas and Carrots, Dinner Roll Carrot Cake w/Frosting	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Omeal, Scrambled Egg, Biscuit <b>LUNCH</b> Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce <b>DINNER</b> Clam Chowder Soup, Deli Meat Sandwich, Potato Chips Cookie
	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup <b>LUNCH</b> 3-Bean Salad, Teriyaki Meatballs Oriental Vegetables, Rice Apple Crisp <b>DINNER</b> Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandanavian Vegetables, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Scrambed Egg w/Sausage <b>LUNCH</b> Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits <b>DINNER</b> Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Hard Boiled Egg <b>LUNCH</b> Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit <b>DINNER</b> Beef Barley Soup Roast Beef Sandwich Potato Chips, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup <b>LUNCH</b> Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake <b>DINNER</b> Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach Strawberry Yogurt	<b>BREAKFAST</b> Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine <b>LUNCH</b> Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp <b>DINNER</b> Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet <b>LUNCH</b> Green Salad,Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies <b>DINNER</b> Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <b>LUNCH</b> Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream <b>DINNER</b> Chicken Noodle Soup BLT Sandwich, French Fries Sliced Peaches			
<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Scrambed Egg w/Diced Sausage <b>LUNCH</b> 3-Bean Salad, Roast Beef & Gravy Scalloped Potatoes, Roll Yellow Cake <b>DINNER</b> Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes	<b>Columbus Day</b> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <b>LUNCH</b> Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet <b>DINNER</b> Cream of Broccoli Soup Bologna Sandwich, Corn Chips Carrot Cake	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies <b>DINNER</b> Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge Custard	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup <b>LUNCH</b> Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake <b>DINNER</b> Beef Stew w/Vegetables Cornbread, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast <b>LUNCH</b> Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Bread, Peanut Butter Cookies <b>DINNER</b> Vegetable Soup, Beef Fried Steak Country Gravy, Potato Wedges Yellow Squash, Bread Coconut Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Egg w/Diced Ham <b>LUNCH</b> Green Salad, Dressing Oven Baked Fish, Rice Pilaf Sliced Carrots, Spiced Pears <b>DINNER</b> Beef Barley Soup, Turkey Tetrazinni Waxed Beans, Bread, Carrot Cake	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup <b>LUNCH</b> Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding <b>DINNER</b> Cream of Tomato Soup Pork Rib Patties on Bun, Green Peas Chilled Pineapple Tidbits				
<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelet <b>LUNCH</b> Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet <b>DINNER</b> Green Salad, Cornbread Chili Con Carne, Grated Cheese Apple Crisp	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup <b>LUNCH</b> Green Salad, Dressing Cheese Manicotti, Egg Noodles Green Beans, Bread, Fresh Fruit <b>DINNER</b> Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies <b>DINNER</b> Split Pea Soup, Pastrami Sandwich Potato Chips, Peaches	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup <b>LUNCH</b> Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream <b>DINNER</b> Vegetable Soup, Ravioli Italian Vegetables, Bread Ambrosia	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast <b>LUNCH</b> Green Salad, Dressing Beef Faijitas, Flour Tortillas Refried Beans, Spanish Rice Frosted Caked <b>DINNER</b> Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup <b>LUNCH</b> Green Salad, Salisbury Steak Gravy, Seasoned Spinach Whipped Potatoes, Bread Gello Cubes w/Topping <b>DINNER</b> Clam Chowder Sloppy Joe w/ Bun, French Fries Carrot Cake	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Scrambled Egg w/Diced Bacon <b>LUNCH</b> Green Salad w/Dressing, Bread BBQ Baked Chicken, Rice Corn with Carrots, Frosted Cake <b>DINNER</b> Cream of Chicken Soup Pepperoni Pizza, Green Salad Chilled Pineapple Tidbits				
<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <b>LUNCH</b> Green Salad, Roast Pork Gravy, Au Gratin Potatoes Wax Beans, Bread Sliced Spice Apples <b>DINNER</b> Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <b>LUNCH</b> Diced Tomato Salad Stir Fry Chicken, Vegetables Steamed Rice Chocolate Pudding <b>DINNER</b> Cream of Broccoli Soup Beef and Macaroni, Zucchini Bread, Cran-Apple Crisp	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Beef Steak Gravy, Corn w/Pimento Mashed Potatoes, Pineapple Cake <b>DINNER</b> Tomato Soup, Tuna Salad Sandwich 3-Bean Salad, Sliced Peaches	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <b>LUNCH</b> Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup <b>DINNER</b> Chicken Noodle Soup Hamburger on Bun, French Fries Brownie	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast <b>LUNCH</b> Green Salad, Dressing, Sweet 'n' Sour Pork, White Rice, Green Beans Oatmeal Cookies <b>DINNER</b> Split Pea Soup, Turkey a la King Toast, Mixed Vegetables Butterscotch Pudding	<b>Halloween</b> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Malt-O-Meal, French Toast, Syrup <b>LUNCH</b> Carrot Salad, Chicken Macaroni & Cheese, Sliced Zucchini, Cornbread Sherbet <b>DINNER</b> Beef Barley Soup, Cottage Pie Peas and Carrots, Dinner Roll Carrot Cake w/Frosting	“A person should always choose a costume which is in direct contrast to her own personality.”  ~Lucy Van Pelt It's the Great Pumpkin, Charlie Brown				