

Lakewood Gardens 2021 October Menu

Menu
subject to
change without
prior notice.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Halloween</i></p> <p>31 THE MONTH OF OCTOBER IS...</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup</p> <p>LUNCH Green Salad w/Ranch Dressing Roast Beef w/Gravy, Scalloped Potatoes, Seasoned Peas, Cake</p> <p>DINNER Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit</p>	<p>National Economic Education Month Adopt A Shelter Dog Month Breast Cancer Awareness Month Celebrating the Bilingual Child Month Eat Better, Eat Together Month Emotional Wellness Month Financial Planning Month German-American Heritage Month Global Diversity Awareness Month Go On A Field Trip Month</p>	<p>Halloween Safety Month Italian-American Heritage Month Long-Term Care Planning Month National Apple Month National Chili Month National Cookbook Month National Pizza Month I'm Just Me Because Month Positive Attitude Month Right Brainers Rule! Month</p>		<p>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.</p> <p>BEVERAGES Breakfast Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p>Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea</p>	<p>1</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast, Fruit Cup</p> <p>LUNCH Green Salad, Sloppy Joe on Bun Green Beans, Potato Salad Cherry Crunch</p> <p>DINNER Split Pea Soup, Grilled Ham & Cheese Sandwich, Potato Chips Fresh Fruit Compote</p>	<p>2</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup</p> <p>LUNCH Sliced Hot Dog w/BBQ Sauce Baked Beans, Mixed Vegetables Bread, Apple Pie</p> <p>DINNER Cream of Celery Soup Hamburger on a Bun, French Fries Sliced Tomato, Lettuce, Brownie</p>
<p>3</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup</p> <p>LUNCH Green Salad w/Ranch Dressing Roast Beef w/Gravy, Scalloped Potatoes, Seasoned Peas, Cake</p> <p>DINNER Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit</p>	<p>4</p> <p>BREAKFAST Fruit Juice, Milk Cream of Rice, Pancakes</p> <p>LUNCH Green Salad, Vegetable Lasagna Mixed Vegetables, Bread, Jello</p> <p>DINNER Tomato Soup, Turkey Rice Casserole Steamed Broccoli, Bread Spiced Pears</p>	<p>5</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast</p> <p>LUNCH Green Salad, Dressing, Chicken Enchiladas, Refried Beans Lettuce/Tomato, Cookies</p> <p>DINNER Chicken Noodle Soup, BBQ Beef on a Bun, Mashed Potatoes Peach Crisp</p>	<p>6</p> <p>BREAKFAST Fruit Juice, French Toast Cream of Wheat, Fruit Cup</p> <p>LUNCH Sliced Cucumber w/Vinaigrette Salisbury Steak, Broccoli Bread, Fresh Fruit Cup</p> <p>DINNER Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard</p>	<p>7</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast, Fruit Cup</p> <p>LUNCH Green Salad, Chicken Parmesan Spaghetti Noodles, Mixed Vegetables, Jello</p> <p>DINNER Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Gingerbread Cake</p>	<p>8</p> <p>BREAKFAST Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup</p> <p>LUNCH Salad w/Dressing, Baked Fish Tater Tots, Sliced Zucchini, Bread Yellow Cake Topping</p> <p>DINNER Clam Chowder Soup Hot Dogs on a Bun, French Fries Baked Beans, Fresh Fruit</p>	<p>9</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast</p> <p>LUNCH Pork and Rice Casserole Broccoli, Bread Chocolate Pudding</p> <p>DINNER Vegetable Soup Spaghetti & Meatballs, Garlic Bread Spiced Apple Sauce</p>
<p>10</p> <p>BREAKFAST Fruit Juice, Milk, Toast, Fruit Cup Cream of Rice, Cinnamon French</p> <p>LUNCH Beet Salad, Roast Turkey, Gravy Stuffing, Green Peas, Roll Blueberry Crisp</p> <p>DINNER Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding</p>	<p><i>Columbus/Indigenous Peoples' Day</i></p> <p>11</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast</p> <p>LUNCH Green Salad, Sweet & Sour Chicken Rice, Broccoli, Bread, Yogurt</p> <p>DINNER Beef Barley Soup Grilled Cheese Sandwich Green Peas, Fresh Fruit</p>	<p>12</p> <p>BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup</p> <p>LUNCH Green Salad, Dressing, Chicken Fajitas, Refried Beans, Flour Tortillas Spiced Peaches</p> <p>DINNER Corn Chowder Soup, Beef & Macaroni, Carrots, Bread Fruited Gelatin</p>	<p>13</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal, Buttermilk Pancakes, Syrup, Fruit Cup</p> <p>LUNCH Cucumber Vinegarett, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie</p> <p>DINNER Beef Stew w/Vegetables, Biscuit Chocolate Cookies</p>	<p>14</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin</p> <p>LUNCH Green Salad, Dressing, Lasagna Vegetable Blend, Garlic Bread Fresh Fruit Cup</p> <p>DINNER Cabbage Soup, Chicken Salad Sandwich, Potato Salad Bread Pudding</p>	<p>15</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup</p> <p>LUNCH Green Salad, Dressing, BBQ Chicken Steamed Rice, Sliced Zucchini Yogurt w/Topping</p> <p>DINNER Split Pea Soup, Hamburger on Bun French Fires, Leaf Lettuce Tomato Slice, Peach Crisp</p>	<p>16</p> <p>BREAKFAST Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake Scrambled Egg w/Sausage</p> <p>LUNCH Green Salad, Dressing, Beef and Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies</p> <p>DINNER Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail</p>
<p>17</p> <p>BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup</p> <p>LUNCH Green Salad, Dressing Roast Turkey w/Gravy, Stuffing Green Beans, Bread Pudding</p> <p>DINNER Barley Soup, Tuna Salad, Fruit Carrot Salad, Bread, Cherry Crunch</p>	<p>18</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup</p> <p>LUNCH Green Salad, Dressing Hot Dog on a Bun, French Fries Chocolate Pudding</p> <p>DINNER Mushroom Soup, BBQ Pork on Bun Potato Salad, Fresh Melon</p>	<p>19</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup</p> <p>LUNCH Green Salad, Mexican Lasagna Refried Beans, Apple Crisp</p> <p>DINNER Cream of Tomato Soup, Marconi & Cheese, Green Beans, Corn Bread Chocolate Pudding</p>	<p>20</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal</p> <p>LUNCH Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Spinach, Bread, Pineapple Sherbet</p> <p>DINNER Vegetable Soup, Tuna Salad Sandwich, Beet Salad Frosted Spice Cake</p>	<p>21</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast</p> <p>LUNCH Beet Salad, Mostaccioli w/Meat Sauce, Sliced Zucchini Fruit in Season</p> <p>DINNER Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Gingerbread Cake</p>	<p>22</p> <p>BREAKFAST Fruit Juice, Cream of Rice Milk, French Toast</p> <p>LUNCH Green Salad, Dressing, Monterey Chicken, Boiled Potatoes, Sliced Carrots, Roll, Chocolate Pudding</p> <p>DINNER Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears</p>	<p>23</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast</p> <p>LUNCH Macaroni Salad Hamburger on a Bun Lettuce and Tomato, Baked Beans Watermelon</p> <p>DINNER Turkey Soup, Grilled Cheese Sandwich, Tater Tots, Pineapple</p>
<p>24</p> <p>BREAKFAST Fruit Juice, Milk Cream of Wheat, Scrambled Egg Coffee Cake, Banana Half, Toast</p> <p>LUNCH Roast Turkey, Gravy, Stuffing Green Beans, Pudding</p> <p>DINNER Beef Barley Soup, Chili Con Carne with Cheddar Cheese, Cornbread Butterscotch Pudding</p>	<p>25</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Cheesy Scrambled Egg, Toast Fruit Cup</p> <p>LUNCH Green Salad, Slice of Ham, Au Gratin Potatoes, Peas, Bread, Yogurt</p> <p>DINNER Tomato Soup, Grilled Cheese Sandwich, 3 Bean Salad Pear Crisp</p>	<p>26</p> <p>BREAKFAST Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup</p> <p>LUNCH Green Salad, Dressing, Beef Fajitas Refried Beans, Flour Tortillas, Cookies</p> <p>DINNER Bean Soup, Chicken Tetrazzini Steamed Carrots, Cornbread Fresh Melon</p>	<p>27</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup</p> <p>LUNCH Sliced Cucumber w/Sour Cream Beef and Cabbage Casserole Steamed Rice, Bread, Pineapple</p> <p>DINNER Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding</p>	<p>28</p> <p>BREAKFAST Fruit Juice, Milk Cream of Rice, Scrambled Egg</p> <p>LUNCH Green Salad, Spaghetti & Meat Sauce, Green Beans Garlic Bread, Gelo Cubes</p> <p>DINNER Cream Broccoli Soup, Deli Meat Sandwich Pasta Salad Lettuce, Tomato, Custard</p>	<p>29</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast, Fruit Cup</p> <p>LUNCH Green Salad, Sloppy Joe on Bun Green Beans, Potato Salad Cherry Crunch</p> <p>DINNER Split Pea Soup, Grilled Ham & Cheese Sandwich, Potato Chips Fresh Fruit Compote</p>	<p>30</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup</p> <p>LUNCH Sliced Hot Dog w/BBQ Sauce Baked Beans, Mixed Vegetables Bread, Apple Pie</p> <p>DINNER Cream of Celery Soup Hamburger on a Bun, French Fries Sliced Tomato, Lettuce, Brownie</p>