

Lakewood Gardens 2020 October Menu

Menu
subject to
change without
prior notice.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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THE MONTH OF OCTOBER IS...

ADHD Awareness Month
Adopt a Shelter Dog Month
American Pharmacists Month
Breast Cancer Awareness Month
Down Syndrome Awareness Month
Computer Learning Month
Country Music Month
Emotional Wellness Month
Fair Trade Month

Family History Month
Gourmet Adventures Month
Health Literacy Month
I'm Just Me Because Month
Long-Term Care Planning Month
National Apple Month
National Arts & Humanities Month
National Book Month
Stamp Collecting Month

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.

BEVERAGES
Breakfast
Cranberry Juice
Coffee - Hot Tea
Hot Chocolate
Milk - Water
Lunch & Dinner
Cranberry Juice
Coffee - Hot Tea
Lemonade
Water - Ice Tea



BREAKFAST
Fruit Juice, Milk, Oatmeal
Hard Boiled Egg, Toast
LUNCH
Beet Salad, Mostaccioli w/Meat Sauce, Sliced Zucchini
Fruit in Season
DINNER
Cream of Broccoli Soup, Chicken Rice Casserole, Sliced Carrots
Biscuit, Spiced Applesauce

BREAKFAST
Fruit Juice, Cream of Rice
Milk, French Toast
LUNCH
Green Salad, Sloppy Joe on Bun
Green Beans, Potato Salad
Cherry Crunch
DINNER
Minestrone Soup, Baked Fish
Boiled Potatoes, Spinach, Bread
Chilled Pears

BREAKFAST
Fruit Juice, Milk, Oatmeal
Scrambled Egg, Toast
LUNCH
Macaroni Salad, Hamburger on a Bun
Lettuce and Tomato, Baked Beans
Watermelon
DINNER
Turkey Soup, Grilled Cheese
Sandwich, Tater Tots, Pineapple

BREAKFAST
Fruit Juice, Milk
Cream of Wheat, Scrambled Egg
Coffee Cake
Banana Half, Toast
LUNCH
Green Salad, Dressing, Turkey w/Gravy, stuffing, Green Beans
Bead Pudding
DINNER
Beef Barley Soup, Chili Con Carne w/Cheddar Cheese, Corn Bread
Butterscotch Pudding

BREAKFAST
Fruit Juice, Milk, Oatmeal
Cheesy Scrambled Egg, Toast
Fruit Cup
LUNCH
Green Salad, Dressing, Roast Pork
Gravy, Steamed Rice, Green Peas
Bread, Strawberry Yogurt
DINNER
Tomato Soup, Grilled Cheese
Sandwich, 3 Bean Salad, Pear Crisp

BREAKFAST
Fruit Juice, Milk, Toast
Malt-O-Meal, French Toast, Syrup
LUNCH
Green Salad, Dressing, Beef Fajitas
Refried Beans, Flour Tortillas, Cookies
DINNER
Bean Soup, Chicken Tetrastini
Steamed Carrots, Cornbread
Fresh Melon

BREAKFAST
Fruit Juice, Milk, Oatmeal
Hard Boiled Egg, Toast, Fruit Cup
LUNCH
Sliced Cucumber w/Sour Cream
Beef and Cabbage Casserole
Steamed Rice, Bread, Pineapple
DINNER
Green Salad, Dressing
Turkey Supreme, Bread Stuffing
Green Peas, Pumpkin Pie

BREAKFAST
Fruit Juice, Milk
Cream of Rice, Scrambled Egg
LUNCH
Vegetable Soup, Spaghetti and
Meat Sauce, Green Beans
Garlic Bread, Gelo Cubes
DINNER
Cream Broccoli Soup, Deli Meat
Sandwich Pasta Salad
Lettuce, Tomato, Custard

BREAKFAST
Fruit Juice, Milk, Oatmeal
Scrambled Egg, Toast, Fruit Cup
LUNCH
Green Salad, Dressing, Monterey
Chicken, Boiled Potatoes, Sliced
Carrots, Roll, Chocolate Pudding
DINNER
Split Pea Soup, Grilled Ham & Cheese
Sandwich, Potato Chips
Fresh Fruit Compote

BREAKFAST
Fruit Juice, Milk, Fruit Cup
Cream of Wheat, French Toast, Syrup
LUNCH
Sliced Hot Dog w/BBQ Sauce
Baked Beans, Mixed Vegetables
Bread, Apple Pie
DINNER
Cream of Celery Soup
Hamburger on a Bun, French Fries
Sliced Tomato, Lettuce, Brownie

BREAKFAST
Fruit Juice, Milk, Oatmeal
Scrambled Eggs, Toast, Fruit Cup
LUNCH
Green Salad w/Ranch Dressing
Roast Beef w/Gravy, Scalloped
Potatoes, Seasoned Peas, Cake
DINNER
Vegetable Soup, Macaroni & Cheese
Green Beans, Cornbread Fresh Fruit

Columbus Day
BREAKFAST
Fruit Juice, Milk
Cream of Rice, Pancakes
LUNCH
Green Salad, Shepherds Pie
Mixed Vegetables
Garlic Bread, Strawberry Yogurt
DINNER
Tomato Soup, Turkey Rice Casserole
Steamed Broccoli, Bread
Spiced Pears

BREAKFAST
Fruit Juice, Milk, Fruit Cup
Oatmeal, Hard Boiled Egg, Toast
LUNCH
Green Salad, Dressing, Chicken
Enchiladas, Refried Beans
Lettuce/Tomato, Cookies
DINNER
Chicken Noodle Soup, BBQ Beef on
a Bun, Mashed Potatoes
Peach Crisp

BREAKFAST
Fruit Juice, Pancakes
Cream of Wheat, Fruit Cup
LUNCH
Sliced Cucumber w/Vinaigrette
Salisbury Steak, Broccoli
Bread, Fresh Fruit Cup
DINNER
Navy Bean Soup, Tuna Salad
Sandwich, 3 Bean Salad, Custard

BREAKFAST
Fruit Juice, Milk, Oatmeal
Cheese Omelette, Toast, Fruit Cup
LUNCH
Green Salad, Dressing, Beef and
Macaroni, Wax Beans
Jello
DINNER
Split Pea Soup, Ham & Cheese
Sandwich, Coleslaw
Gingerbread Cake

BREAKFAST
Fruit Juice, Malt-O-Meal
Coffee Cake, Scrambled Eggs
Fruit Cup
LUNCH
Salad w/Dressing, Baked Fish
Tater Tots, Sliced Zucchini, Bread
Yellow Cake Topping
DINNER
Clam Chowder Soup
Hot Dogs on a Bun, French Fries
Baked Beans, Fresh Fruit

BREAKFAST
Fruit Juice, Milk, Oatmeal
Hard Boiled Egg, Toast, Fruit Cup
LUNCH
Coleslaw, Pork and Rice Casserole
Broccoli, Bread
Chocolate Pudding Topping
DINNER
Vegetable Soup, Meat Balls in Gravy
Mashed Potato, Sliced Carrots
Bread, Spiced Applesauce

BREAKFAST
Fruit Juice, Milk, Toast
Cream of Rice, Cinnamon French
Toast, Fruit Cup
LUNCH
Beet Salad, Roast Turkey, Gravy
Stuffing, Green Peas, Roll
Pumpkin Crisp
DINNER
Minestrone Soup, Tuna Salad
Sandwich, Potato Chips, Tomato &
Lettuce, Coconut Pudding

BREAKFAST
Fruit Juice, Milk, Fruit Cup
Oatmeal, Scrambled Egg, Toast
LUNCH
Green Salad, Dressing, Sliced Hot Dog
w/BBQ, Baked Beans, Mixed
Vegetables, Bread, Cookies
DINNER
Beef Barley Soup
Grilled Cheese Sandwich
Green Peas, Fresh Fruit

BREAKFAST
Fruit Juice, Milk, Toast
Cream of Wheat, Cheese Omelette
Fruit Cup
LUNCH
Green Salad, Dressing, Chicken
Fajitas, Refried Beans, Flour Tortillas
Spiced Peaches
DINNER
Corn Chowder Soup, Beef &
Macaroni, Carrots, Bread
Fruited Gelatin

BREAKFAST
Fruit Juice, Milk
Oatmeal, Buttermilk Pancakes, Syrup
Fruit Cup
LUNCH
Cucumber Vinaigrette, Baked Fish
Oven Fried Potatoes, Creole
Tomatoes, Bread, Frosted Brownie
DINNER
Beef Stew w/Vegetables, Biscuit
Chocolate Cookies

BREAKFAST
Fruit Juice, Milk, Oatmeal
Scrambled Egg, Bran Muffin
LUNCH
Green Salad, Dressing, Lasagna
Vegetable Blend, Garlic Bread
Fresh Fruit Cup
DINNER
Cabbage Soup, Turkey Salad
Sandwich, Potato Salad
Bread Pudding

BREAKFAST
Fruit Juice, Milk, Oatmeal
Hard Boiled Egg, Toast, Fruit Cup
LUNCH
Green Salad, Dressing, BBQ Chicken
Steamed Rice, Sliced Zucchini
Yogurt w/Topping
DINNER
Split Pea Soup, Hamburger on Bun
French Fires, Leaf Lettuce, Tomato
Slice, Peach Crisp

BREAKFAST
Fruit Juice, Milk, Toast
Cream of Rice, Coffee Cake
Scrambled Egg w/Sausage
LUNCH
Green Salad, Dressing, Beef and
Macaroni, Mixed Vegetables, Bread
Raisin Oatmeal Cookies
DINNER
Vegetable Soup, Ham and Cheese
Sandwich, 3 Bean Salad, Tomato
Lettuce, Fruit Cocktail

BREAKFAST
Fruit Juice, Milk, Toast
Oatmeal, Scrambled Eggs, Fruit Cup
LUNCH
Green Salad, Dressing
Roast Turkey w/Gravy, Mashed
Potatoes, Green Beans
Yellow Cake Topping
DINNER
Barley Soup, Crab Salad
Fruit Carrot Salad, Bread
Cherry Crunch

BREAKFAST
Fruit Juice, Milk, Fruit Cup
Cream of Wheat, French Toast, Syrup
LUNCH
Green Salad, Dressing
Hot Dog on a Bun, French Fries
Chocolate Pudding
DINNER
Mushroom Soup, BBQ Pork on Bun
Potato Salad, Fresh Melon

BREAKFAST
Fruit Juice, Milk, Oatmeal
Scrambled Eggs, Toast, Fruit Cup
LUNCH
Green Salad, Chicken Enchiladas
Refried Beans, Shredded Lettuce
Tomato, Sour Cream, Apple Crisp
DINNER
Cream of Tomato Soup, Marconi &
Cheese, Green Beans, Corn Bread
Chocolate Pudding

BREAKFAST
Fruit Juice, Milk, Fruit Cup
Pancakes, Malt-O-Meal
LUNCH
Sliced Cucumber, Vinaigrette
Meat Loaf, Steamed Rice
Seasoned Spinach, Bread
Pineapple Sherbet
DINNER
Vegetable Soup, Hot Dogs
French Fries, Baked Beans
Frosted Spice Cake

BREAKFAST
Fruit Juice, Milk, Oatmeal
Hard Boiled Egg, Toast
LUNCH
Beet Salad, Mostaccioli w/Meat
Sauce, Sliced Zucchini
Fruit in Season
DINNER
Cream of Broccoli Soup, Chicken
Rice Casserole, Sliced Carrots
Biscuit, Spiced Applesauce

BREAKFAST
Fruit Juice, Cream of Rice
Milk, French Toast, Sausage Link
LUNCH
Green Salad, Sloppy Joe on Bun
Green Beans, Potato Salad
Cherry Crunch
DINNER
Minestrone Soup, Baked Fish
Boiled Potatoes, Spinach, Bread
Chilled Pears

Halloween
BREAKFAST
Fruit Juice, Milk, Oatmeal
Scrambled Egg, Toast
LUNCH
Macaroni Salad, Hamburger on a Bun
Lettuce and Tomato, Baked Beans
Watermelon
DINNER
Turkey Soup, Grilled Cheese
Sandwich, Tater Tots, Pineapple