Lakewood Gardens 2026

November Menu

Menu subject to change without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Saving Time ends BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat Cheese Omelet, Toast LUNCH Green Salad, Dressing, Bread Sliced Pork, Gravy, Mashed Potatoes Spinach, Sherbet DINNER Corn Chowder Soup Beef & Macaroni, Carrots, Bread Apple Crisp	**2** Day of the Dead BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Cucumber, Vinegarette, Baked Fish Oven Fried Potatoes, Bread Creole Tomatoes Fresh Fruit DINNER Beef Stew w/Vegetables, Biscuit Custard	**3** BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg Bran Muffin LUNCH Green Salad, Dressing, Beef & Vegetable Fajitas, Flour Tortillas Beans, Oatmeal Cookies DINNER Vegetable Soup, Hot Turkey Gravy, Mixed Vegetables Bread, Ambrosia	**4** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing BBQ Chicken, Steamed Rice Sliced Zucchini, Bread Strawberry Ice Cream DINNER Split Pea Soup, Hamburger on a Bun French Fries, Leaf Lettuce & Tomato Slice, Peaches	**5** BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Eggs LUNCH Zucchini & Tomato Salad Sweet & Sour Pork, White Rice Green Beans, Cookies DINNER Vegetable Soup Scalloped Potatoes w/Diced Ham Broccoli, Bread, Apple Whip	**6** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Eggs, Toast LUNCH Green Salad w/Dressing, Roll Turkey, Mashed Potatoes, Gravy Green Beans, Jello Cubes w/Topping DINNER Barley Soup, Tuna Salad Place Fruity Carrot Salad, Bread Carrot Cake	**7** BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH Green Salad, Dressing Beef Stroganoff over Noodles Mixed Vegetables, Bread Frosted Cake DINNER Mushroom Soup, Potato Salad BBQ Pork on Bun Chilled Pineapple Tidbits
8 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Corned Beef, Toast LUNCH Green Salad, Dressing Chicken w/Gravy, Mashed Potatoes Seasoned Spinach, Bread Sliced Spice Apples DINNER Cream of Tomato Soup Macaroni & Cheese, Cornbread Green Beans, Fresh Fruit	**9** BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Pancakes, Syrup LUNCH Cucumber & Tomato Salad Beef Stir Fry over Steamed Rice Japanese Vegetables, Bread Chocolate Pudding DINNER Vegetable Soup Egg Salad Sandwich Coleslaw Cran-Apple Crisp	**10** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Beet Salad, Roast Pork, Gravy Mashed Potatoes, Sliced Zucchini Bread, Frosted Cake DINNER Cream of Chicken Soup Pepperoni Pizza, Green Salad Chilled Pineapple Tidbits	**11** Veteran's Day BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Green Salad, Dressing Sloppy Joe on Bun, Green Beans Macaroni Salad, Fresh Fruit Cup DINNER Lentil Soup Baked Fish, Mashed Potatoes Beets, Bread, Brownie	**12** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Chicken Creole, Mashed Potatoes Peas & Carrots, Bread, Cookies DINNER Chicken Noodle Soup Grilled Cheese Sandwich, Pickles Potato Chips, Pudding	**13** BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, Coffee Cake LUNCH Green Salad, Dressing, Lasagna Italian Blend Vegetables Roll, Sliced Apples DINNER Beef Barley Soup BLT Sandwich Potato Chips, Sliced Tomatoes Carrot Cake	**14** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Cheesy Scrambled Egg Toast LUNCH Green Salad, Dressing, Roast Pork Gravy, Steamed Rice, Green Peas Bread, Spiced Apple Sauce DINNER Cream of Tomato Soup, Ravioli Green Beans, Garlic Bread Cookie
15 BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Green Salad w/Dressing Cheese Enchiladas, Beans Apple Crisp DINNER Bean Soup, Chicken Tetrazzini Steamed Carrots Cornbread, Fresh Fruit	**16** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Beet & Carrot Salad Roast Beef, Gravy, Mashed Potatoes Pineapple Tidbits DINNER Cream of Broccoli Soup Deli Meat Sandwich, Pasta Salad Lettuce, Tomato Peanut Butter Cookies	**17** BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Pancakes, Syrup LUNCH Green Salad, Dressing Chicken Supreme, Egg Noodles Green Peas, Fresh Fruit DINNER Vegetable Soup Spaghetti & Meat Sauce Green Beans, Garlic Bread Fresh Fruit	**18** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Salisbury Steak, Mashed Potatoes Sliced Carrots, Roll Frosted Chocolate Cake DINNER Split Pea Soup, Turkey Pot Pie Corn & Carrots Strawberry Yogurt	**19** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad Tuna Noodle Casserole Mixed Vegetables, Peaches DINNER Cream of Celery Soup Hamburger on Bun, Potato Salad Sliced Tomato, Lettuce Fresh Fruit	**20** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Roast Turkey, Gravy Green Bean Casserole Mashed Potatoes, Bread Stuffing Cheesecake w/Cherry on Top DINNER Vegetable Soup, Deli Meat Sandwich, Lettuce, Tomato Potato Chips, Carrot Cake	**21** BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Carrot Salad, Ravioli, Mixed Vegetables, Garlic Bread, Ice Cream DINNER Tomato Soup, Turkey Tetrazzini Steamed Broccoli, Bead Sliced Peaches
22 BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Green Salad w/Dressing Oven Fried Fish Tartar Sauce, Corn & Pimentos Broccoli, Yellow Cake DINNER Chili Con Carne, Cornbread Grated Cheese, Chopped Onions Jello Cubes	**23** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Sliced Cucumbers w/Sour Cream Sweet & Sour Chicken, White Rice Seasoned Peas, Fruit Cup DINNER Cream of Broccoli Soup Deli Meat Sandwich, Pasta Salad Lettuce, Tomato Carrot Cake	**24** BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Coffee Cake Scrambled Egg LUNCH Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet DINNER Tomato Soup, Cornbread Macaroni & Cheese w/Bacon Green Beans, Watermelon	**25** BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Coffee Cake Scrambled Egg LUNCH Green Salad, Dressing Baked Fish, Tater Tots, Sliced Zucchini Bread, Chocolate Cake DINNER Chicken Noodle Soup Tuna Salad Sandwich on Bun 3 Bean Salad, Yogurt	**26** Thanksgiving BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Waffles, Toast LUNCH Coleslaw, Sliced Ham, Sweet Potato Casserole, Mixed Vegetables, Bread Peanut Butter Cookies DINNER Vegetable Soup Turkey Sandwich, BBQ Chips Bread Pudding	**27** BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH 3-Bean Salad, Chicken Pattie Gravy, Bowtie Noodles, Zucchini Roll, Spiced Pears DINNER Lentil Soup, Dinner Roll Cottage Pie, Peas & Carrots Carrot Cake	**28** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad w/Dressing Hot Dogs, French Fries Vanilla Pudding DINNER Beef Barley Soup Grilled Cheese Sandwich Green Peas Chilled Pineapple Tidbits
29 BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat Cheese Omelet, Toast LUNCH Green Salad, Dressing, Bread Sliced Pork, Gravy, Mashed Potatoes Spinach, Sherbet DINNER Corn Chowder Soup Beef & Macaroni, Carrots, Bread Apple Crisp	**30** BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Cucumber, Vinegarette, Baked Fish Oven Fried Potatoes, Bread Creole Tomatoes Fresh Fruit DINNER Beef Stew w/Vegetables, Biscuit Custard					

The Month of November is...

Adopt a Turkey Month
America Recycles Month
American Diabetes Month
Art Every Day Month
Aviation History Month
Good Nutrition Month
Family Stories Month
Month of the Military Family
National Adoption Month
National Alzheimer's Disease Month
National Family Caregivers Month
National Fragrance Month
National Gratitude Month
National Novel Writing Month
National Pomegranate Month
National Scholarship Month
National Stuffing Month
Native American Heritage Month
Real Jewelry Month
Picture Book Month
Peanut Butter Lovers Month
World Vegan Month

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.

Beverages

Breakfast
Cranberry Juice
Coffee - Hot Tea
Hot Chocolate
Milk - Water

Lunch & Dinner
Cranberry Juice
Coffee - Hot Tea
Lemonade
Water - Ice Tea