

Lakewood Gardens 2026

March Menu

Menu subject to change without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																													
BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Diced Sausage LUNCH 3-Bean Salad, Roast Beef & Gravy Scalloped Potatoes, Roll Yellow Cake DINNER Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes	1 <i>Purim begins at Sundown</i> BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet DINNER Cream of Broccoli Soup Bologna Sandwich, Corn Chips Carrot Cake	2 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies DINNER Beef Stew w/Vegetables Cornbread Fresh Fruit	3 BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake DINNER Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge, Custard	4 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Toast LUNCH Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Peanut Butter Cookies DINNER Vegetable Soup, Beef Fried Steak Country Gravy, Mashed Potatoes Yellow Squash, Bread, Pudding	5 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup LUNCH Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding DINNER Cream of Tomato Soup Pork Rib Patties on Bun, Green Peas Chilled Pineapple Tidbits	6 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice Frosted Caked DINNER Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip	7 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream DINNER Split Pea Soup, Pastrami Sandwich Potato Chips, Peaches	8 <i>Daylight Savings Begins</i> BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup LUNCH Green Salad, Dressing Cheese Manicotti, Green Beans Bread, Fresh Fruit DINNER Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard	9 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies DINNER Vegetable Soup, Ravioli Italian Vegetables, Bread, Ambrosia	10 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup DINNER Chicken Noodle Soup Hamburger on Bun, French Fries Brownie	11 BREAKFAST Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup LUNCH Green Salad, Dressing Salisbury Steak, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit DINNER Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies	12 BREAKFAST Fruit Juice, Milk, Oatmeal Cream of Rice, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice Frosted Caked DINNER Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip	13 BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast LUNCH Green Salad, Dressing Sweet 'n' Sour Pork, White Rice Green Beans, Bread/Margarine Cookies DINNER Split Pea Soup, Turkey Pot Pie Mixed Vegetables, Bread/Margarine Pudding	14 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Biscuit LUNCH Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce DINNER Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie	15 <i>90th Academy Awards</i> BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast LUNCH Green Salad, Roast Pork Gravy, Au Gratin Potatoes, Wax Beans, Bread, Sliced Spice Apples DINNER Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit	16 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg w/Sausage LUNCH Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits DINNER Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies	17 <i>St. Patrick's Day</i> BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast ST. PATRICK'S DAY LUNCH Green Salad, Dressing, Corned Beef & Cabbage, Seasoned Carrots Mashed Potatoes, St. Patrick's Cake DINNER Tomato Soup Tuna Salad Sandwich 3-Bean Salad, Sliced Peaches	18 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake DINNER Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach Strawberry Yogurt	19 BREAKFAST Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine LUNCH Green Salad, Dressing, Spaghetti w/Meat Sauce, Seasoned Zucchini Garlic Bread, Peaches DINNER Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit	20 <i>Spring Equinox Begins</i> BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup LUNCH Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies DINNER Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit	21 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Biscuit LUNCH Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce DINNER Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie	22 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg w/Sausage LUNCH Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits DINNER Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies	23 BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Sausage LUNCH Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits DINNER Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies	24 BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Hard Boiled Egg LUNCH Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit DINNER Beef Barley Soup Roast Beef Sandwich Potato Chips, Fresh Fruit	25 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake DINNER Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach Strawberry Yogurt	26 BREAKFAST Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine LUNCH Green Salad, Dressing, Spaghetti w/Meat Sauce, Seasoned Zucchini Garlic Bread, Peaches DINNER Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit	27 BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet LUNCH Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies DINNER Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit	28 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Biscuit LUNCH Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce DINNER Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie	29 <i>Palm Sunday</i> BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Diced Sausage LUNCH 3-Bean Salad, Roast Beef & Gravy Scalloped Potatoes, Roll Yellow Cake DINNER Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes	30 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet DINNER Cream of Broccoli Soup Bologna Sandwich, Corn Chips Carrot Cake	31 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies DINNER Beef Stew w/Vegetables Cornbread, Fresh Fruit	Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.	BEVERAGES Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea	"March is a tomboy with tousled hair, a mischievous smile, mud on her shoes and a laugh in her voice." ~ Hal Borland	The Month of March is... Berries and Cherries Month Caffeine Awareness Month Humorists are Artists Month Irish-American Heritage Month Kidney Cancer Awareness Month National Color Therapy Month National Craft Month National Crochet Month National Kidney Month National March Into Literacy Month National Noodle Month National Nutrition Month National Optimism Month National Peanut Month National Sleep Awareness Month National Women Inventors Month Mad for Plaid Month Red Cross Month Spiritual Wellness Month Women's History Month