Lakewood Gardens 2024 March Menu

subject to change without prior notice.



**SUNDAY** 

**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**BEVERAGES** 

Cranberry Juice

Coffee - Hot Tea

Hot Chocolate

**Lunch & Dinner** 

Cranberry Juice

Water - Ice Tea

Coffee - Hot Tea

Milk - Water

Lemonade

**Breakfast** 

FRIDAY

**SATURDAY** 

**BREAKFAST** Easter

Fruit Juice, Milk, Toast Fruit Cup, Cream of Rice Cinnamon French Toast **EASTER SUNDAY LUNCH** 

Green Salad, Dressing, Baked Ham Sweet Yams, Seasoned Peas Dinner Roll, Apple Pie DINNER

Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding

**BREAKFAST** 

Fruit Juice, Milk, Toast

Fruit Cup, Cream of Rice

Cinnamon French Toast

**LUNCH** 

Green Salad, Dressing, Beef &

Macaroni, Green Beans, Bread

Cookies

**DINNER** 

Minestrone Soup, Tuna Salad

Sandwich, Potato Chips, Tomato &

Lettuce, Coconut Pudding

**BREAKFAST** 

National Peanut Month

National Nutrition Month

National Noodle Month

Women's History Month

National Umbrella Month

National Craft Month

Caffeine Awareness Month

Irish-American Heritage Month

Kidney Cancer Awareness Month

Fruit Juice, Milk, Oatmeal Scrambled Eggs, Togst LUNCH Sweet and Sour Chicken White Rice, Oriental Vegetables Bread, Strawberry Yogurt

Beef Barley Soup, Green Pea Salad Pastrami Sandwich on Rve Bread Fresh Fruit

**BREAKFAST** 

Fruit Juice, Milk, Fruit Cup

Cream of Wheat, French Toast, Syrup

LUNCH

Green Salad, Dressing

Teriyaki Chicken, Oriental Vegetables

White Rice, Bread, Fresh Fruit Cup

DINNER

BBQ Pork on Bun, Lentil Soup

Potato Salad, Cookies

DINNER

The Month of March is...

Berries and Cherries Month National Kidney Mont Red Cross Month Mad for Plaid Month National Color Therapy Month National Crochet Month National Optimism Month National Women Inventors Month Spiritual Wellness Month

> **BREAKFAST** Fruit Juice, Milk, Toast

Cream of Wheat, Cheese Omelette Fruit Cup <u>LUNCH</u> Green Salad, Dressing Beef Fajitas, Refried Beans Spiced Peaches <u>DINNER</u>

Corn Chowder Soup Honey Baked Ham, Sweet Yams Seasoned Carrots, Jello

"May love and laughter light your days and warm your heart and home."

~ Irish Blessing



**BREAKFAST** 

Fruit Juice, Milk, Oatmeal

Buttermilk Pancakes, Syrup, Fruit Cup

LUNCH

Cucumber Vinaigrette, Baked Fish

Oven Fried Potatoes, Creole

Tomatoes, Bread, Frosted Brownie

DINNER

Beef Stew w/Vegetables, Biscuit

**Chocolate Cookies** 

3 hours before meal time.

Residents, if you

are requesting

different than

what is on the

menu, we ask

that you PLEASE

let Adam know

6

something

**BREAKFAST** Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin LUNCH

Green Salad, Dressing, Lasagna Blend of Vegetables, Garlic Bread Fruit Cup DINNER

Cabbage Soup, Chicken Salad Sandwich, Potato Salad Bread Pudding

**BREAKFAST** Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup LUNCH

Salad w/Dressing, Baked Fish Tater Tots, Sliced Zucchini, Bread Yellow Cake w/Topping **DINNER** 

Clam Chowder Hot Dogs on a Bun, French Fries Baked Beans, Fresh Fruit

**BREAKFAST** 

Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Togst, Fruit Cup LUNCH BBQ Chicken Rice, Zucchini Sliced Peaches DINNER

Split Pea Soup, Hamburger on Bun French Fries, Leaf Lettuce Tomato Slice, Frosted Cake

**BREAKFAST** 

Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast LUNCH Pork and Rice Casserole Broccoli, Dinner Roll Blueberry Crisp

**DINNER** Cream of Tomato Soup Grilled Cheese Sandwich Tater Tots, Pears

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BREAKFAST Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake

Scrambled Egg w/Sausage
LUNCH
Green Salad, Dressing, Beef and
Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies DINNER

Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail

**BREAKFAST** 

Fruit Juice, Milk, Oatmeal

Scrambled Egg, Toast

LUNCH

Green Salad, Dressing, Hamburger

on Bun, French Fries, Baked Beans

Watermelon

**DINNER** 

Vegetable Soup, Spaghetti &

Meatballs, Mixed Vegetables

Pineapple

Daylight Savings Time begins BREAKFAST

Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup LUNCH

Green Salad, Dressing, Dinner Roll Chicken Fried Steak Mashed Potatoes, Green Beans Frosted Cake

DINNER Barley Soup, Tuna Salad, Fruit Carrot Salad, Bread, Cherry Crunch

BREAKFAST Fruit Juice, Milk Cream of Wheat, Scrambled Egg Coffee Cake, Banana Half, Toast

ST. PATRICK'S DAY LUNCH

Green Salad, Dressing, Corned Beef Cabbage & Carrots, Boiled Potatoes

Rye Bread, Frosted Cake

DINNER

Beef Barley Soup, Chili Con Carne

with Cheddar Cheese, Cornbread

Cookies

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**BREAKFAST** 

18 First Day of Spring Fruit Juice, Milk, Oatmeal Cheesy Scrambled Egg, Toast Fruit Cup LUNCH

Green Salad, Slice of Ham Au Gratin Potatoes, Peas, Bread Yogurt DINNER

Tomato Soup, Grilled Cheese Sandwich, 3 Bean Salad, Pear Crisp **BREAKFAST** 

Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup LÜNCH Green Salad, Enchilada Casserole Refried Beans, Apple Crisp

**DINNER** Cream of Tomato Soup Macaroni & Cheese, Green Beans Corn Bread Chocolate Pudding

BREAKFAST

Fruit Juice, Milk, Toast

Malt-O-Meal, Pancakes, Syrup

LUNCH

Green Salad, Dressing, Chicken

Fajitas, Refried Beans, Cookies

DINNER

Cream of Broccoli Soup

Sliced Turkey Sandwich, Pasta Salad

Lettuce/Tomato, Custard

**BREAKFAST** Fruit Juice, Milk, Fruit Cup

Pancakes, Malt-O-Meal **LUNCH** Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Peas, Bread, Frosted Cake DINNER

Vegetable Soup, Potato Chips Sliced Ham Sandwich Frosted Spice Cake

**BREAKFAST** 

Fruit Juice, Milk, Oatmeal

Hard Boiled Egg, Toast, Fruit Cup

<u>LÜNCH</u>

Green Salad, Dressing

Beef & Rice Casserole, Carrots and

Corn, Bread, Pineapple

DINNER

**BREAKFAST** Fruit Juice, Milk, Oatmeal

Hard Boiled Egg, Toast <u>LUNCH</u> Beet Salad, Mostaccioli w/Meat Sauce Sliced Zucchini, Fruit in Season DINNER

Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears

> **BRFAKFAST** Fruit Juice, Milk

Cream of Rice, Scrambled Egg LUNCH Green Salad, Creamy Chicken & Bowtie Noodles, Seasoned Carrots Dinner Roll, Frosted Cake DINNER White Bean Soup

Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Puddina

Fruit Juice, Milk, Oatmeal LUNCH

Spaghetti Noodles, Mixed Vegetables, Cookies DINNER

Sandwich, Coleslaw, Peach Crisp

**BREAKFAST** Fruit Juice, Cream of Rice

Milk, French Toast LUNCH Green Salad, Dressing BBQ Chicken, Rice, Carrots Chocolate Pudding DINNER

Split Pea Soup, Coleslaw Turkey & Cheese Sandwich Gingerbread Cake

Fruit Juice, Milk, Oatmeal

Scrambled Egg, Toast, Fruit Cup

LUNCH

Green Salad, Sloppy Joe on Bun

Potato Salad, Cherry Crunch

DINNER

Split Pea Soup, Grilled Ham &

Cheese Sandwich, Potato Chips

Fresh Fruit Compote

**BREAKFAST** 

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Purim begins BREAKFAST

Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH Green Salad, Dressing

Chili Dog, French Fries Apple Cobbler **DINNER** 

Cream of Celery Soup

Mini Pepperoni Pizza, Caesar Salad Orange Wedge Brownie

Palm Sunday BREAKFAST Fruit Juice, Milk, Oatmeal

St. Patrick's Day

Scrambled Eggs, Toast, Fruit Cup LUNCH Green Salad, Dressing Baked Chicken, Gravy, Seasoned Peas, Mashed Potatoes Apple Pie

DINNER Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit

**BREAKFAST** 

Fruit Juice, Milk Cream of Rice, Pancakes LUNCH

Green Salad, Swedish Meatballs Green Beans, White Rice Bread, Jello DINNER

Lentil Soup, Turkey Rice Casserole Steamed Broccoli, Bread Spiced Pears

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**BREAKFAST** Fruit Juice, Milk, Toast Fruit Cup

Cheese Enchiladas, Refried Beans Spiced Peaches DINNER

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Cream of Wheat, Cheese Omelette LUNCH Green Salad, Dressing

> Chicken Noodle Soup BBQ Beef on Bun, Tator Tots Gingerbread Cake

**BREAKFAST** 

Fruit Juice, French Toast Cream of Wheat, Fruit Cup LUNCH

Sliced Cucumber w/Vinaigrette Salisbury Steak, Rice, Broccoli Bread, Fresh Fruit Cup DINNER

Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard **BREAKFAST** 

Roast Beef Sandwich

Green Pea Salad, Vanilla Pudding

Cheese Omelette, Toast, Fruit Cup Green Salad, Chicken Parmesan

Split Pea Soup, Ham & Cheese

Good Friday BREAKFAST Fruit Juice, Milk, Toast

Malt-O-Meal, Pancakes, Syrup LUNCH Salad w/Dressing, Baked Fish Tater Tots, Sliced Zucchini, Bread

Yellow Cake w/Topping **DINNER** Clam Chowder Hot Dogs on a Bun, French Fries

Baked Beans, Fresh Fruit

**BREAKFAST** 

Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <u>LUNCH</u>

Pork and Rice Casserole Broccoli, Dinner Roll Blueberry Crisp **DINNER** Cream of Tomato Soup

Grilled Cheese Sandwich Tater Tots, Pears