

# Lakewood Gardens 2021 March Menu

Menu  
subject to  
change without  
prior notice.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.	<b>BEVERAGES</b> <b>Breakfast</b> Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Sliced Hot Dog w/BBQ, Baked Beans, Mixed Vegetables, Bread, Cookies <b>DINNER</b> Beef Barley Soup Grilled Cheese Sandwich Green Peas, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Chicken Fajitas, Refried Beans, Flour Tortillas Spiced Peaches <b>DINNER</b> Corn Chowder Soup, Beef & Macaroni, Carrots, Bread Fruited Gelatin	<b>BREAKFAST</b> Fruit Juice, Milk Oatmeal, Buttermilk Pancakes, Syrup Fruit Cup <b>LUNCH</b> Cucumber Vinegarette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie <b>DINNER</b> Beef Stew w/Vegetables, Biscuit Chocolate Cookies	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Lasagna Vegetable Blend, Garlic Bread Fresh Fruit Cup <b>DINNER</b> Cabbage Soup, Turkey Salad Sandwich, Potato Salad Bread Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup <b>LUNCH</b> Green Salad, Dressing, BBQ Chicken Steamed Rice, Sliced Zucchini Yogurt w/Topping <b>DINNER</b> Split Pea Soup, Hamburger on Bun French Fires, Leaf Lettuce, Tomato Slice, Peach Crisp	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake Scrambled Egg w/Sausage <b>LUNCH</b> Green Salad, Dressing, Beef and Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies <b>DINNER</b> Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail
<b>BREAKFAST</b> Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup <b>LUNCH</b> Green Salad, Dressing Roast Turkey w/Gravy, Mashed Potatoes, Green Beans Yellow Cake Topping <b>DINNER</b> Barley Soup, Crab Salad, Fruit Carrot Salad, Bread, Cherry Crunch	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup <b>LUNCH</b> Green Salad, Dressing Hot Dog on a Bun, French Fries Chocolate Pudding <b>DINNER</b> Mushroom Soup, BBQ Pork on Bun Potato Salad, Fresh Melon	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup <b>LUNCH</b> Green Salad, Chicken Enchiladas Refried Beans, Shredded Lettuce Tomato, Sour Cream, Apple Crisp <b>DINNER</b> Cream of Tomato Soup, Marconi & Cheese, Green Beans, Corn Bread Chocolate Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal <b>LUNCH</b> Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Spinach, Bread, Pineapple Sherbet <b>DINNER</b> Vegetable Soup, Tuna Salad Sandwich, Beet Salad Frosted Spice Cake	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast <b>LUNCH</b> Beet Salad, Mostaccioli w/Meat Sauce, Sliced Zucchini Fruit in Season <b>DINNER</b> Cream of Broccoli Soup, Chicken Rice Casserole, Sliced Carrots Biscuit, Spiced Applesauce	<b>BREAKFAST</b> Fruit Juice, Cream of Rice Milk, French Toast <b>LUNCH</b> Green Salad, Sloppy Joe on Bun Green Beans, Potato Salad Cherry Crunch <b>DINNER</b> Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast <b>LUNCH</b> Macaroni Salad Hamburger on a Bun Lettuce and Tomato, Baked Beans Watermelon <b>DINNER</b> Turkey Soup, Grilled Cheese Sandwich, Tater Tots, Pineapple	
<i>Daylight Savings Begins</i> <b>BREAKFAST</b> Fruit Juice, Milk Cream of Wheat, Scrambled Egg Coffee Cake, Banana Half, Toast <b>LUNCH</b> Green Salad, Dressing, Turkey w/Gravy, stuffing, Green Beans Bead Pudding <b>DINNER</b> Beef Barley Soup, Chili Con Carne w/Cheddar Cheese, Corn Bread Butterscotch Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheesy Scrambled Egg, Toast Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Roast Pork Gravy, Steamed Rice, Green Peas Bread, Strawberry Yogurt <b>DINNER</b> Tomato Soup, Grilled Cheese Sandwich, 3 Bean Salad, Pear Crisp	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup <b>LUNCH</b> Green Salad, Dressing, Beef Fajitas Refried Beans, Flour Tortillas, Cookies <b>DINNER</b> Bean Soup, Chicken Tetrazzini Steamed Carrots, Cornbread Fresh Melon	<i>St. Patrick's Day</i> <b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup <b>LUNCH</b> Sliced Cucumber w/Sour Cream Beef and Cabbage Casserole Steamed Rice, Bread, Pineapple <b>DINNER</b> Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	<b>BREAKFAST</b> Fruit Juice, Milk Cream of Rice, Scrambled Egg <b>LUNCH</b> Green Salad, Spaghetti & Meat Sauce, Green Beans Garlic Bread, Gelo Cubes <b>DINNER</b> Cream Broccoli Soup, Deli Meat Sandwich Pasta Salad Lettuce, Tomato, Custard	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast, Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Monterey Chicken, Boiled Potatoes, Sliced Carrots, Roll, Chocolate Pudding <b>DINNER</b> Split Pea Soup, Grilled Ham & Cheese Sandwich, Potato Chips Fresh Fruit Compote	<i>Spring Begins</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup <b>LUNCH</b> Sliced Hot Dog w/BBQ Sauce Baked Beans, Mixed Vegetables Bread, Apple Pie <b>DINNER</b> Cream of Celery Soup Hamburger on a Bun, French Fries Sliced Tomato, Lettuce, Brownie	
<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup <b>LUNCH</b> Green Salad w/Ranch Dressing Roast Beef w/Gravy, Scalloped Potatoes, Seasoned Peas, Cake <b>DINNER</b> Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk Cream of Rice, Pancakes <b>LUNCH</b> Green Salad, Shepherds Pie Mixed Vegetables Garlic Bread, Strawberry Yogurt <b>DINNER</b> Tomato Soup, Turkey Rice Casserole Steamed Broccoli, Bread Spiced Pears	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Chicken Enchiladas, Refried Beans Lettuce/Tomato, Cookies <b>DINNER</b> Chicken Noodle Soup, BBQ Beef on a Bun, Mashed Potatoes Peach Crisp	<b>BREAKFAST</b> Fruit Juice, French Toast Cream of Wheat, Fruit Cup <b>LUNCH</b> Sliced Cucumber w/Vinaigrette Salisbury Steak, Broccoli Bread, Fresh Fruit Cup <b>DINNER</b> Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard	<b>BREAKFAST</b> Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast, Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Beef and Macaroni, Wax Beans, Jello <b>DINNER</b> Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Gingerbread Cake	<b>BREAKFAST</b> Fruit Juice, Malt-O-Meal Coffee Cake, Scrambled Eggs Fruit Cup <b>LUNCH</b> Salad w/Dressing, Baked Fish Tater Tots, Sliced Zucchini, Bread Yellow Cake Topping <b>DINNER</b> Clam Chowder Soup Hot Dogs on a Bun, French Fries Baked Beans, Fresh Fruit	<i>Passover (begins at sundown)</i> <b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup <b>LUNCH</b> Pork and Rice Casserole Broccoli, Bread Chocolate Pudding <b>DINNER</b> Vegetable Soup Spaghetti & Meatballs, Garlic Bread Spiced Apple Sauce	
<i>Palm Sunday</i> <b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Rice, Cinnamon French Toast, Fruit Cup <b>LUNCH</b> Beet Salad, Roast Turkey, Gravy Stuffing, Green Peas, Roll Pumpkin Crisp <b>DINNER</b> Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	<b>BREAKFAST</b> Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast <b>LUNCH</b> Green Salad, Dressing, Sliced Hot Dog w/BBQ, Baked Beans, Mixed Vegetables, Bread, Cookies <b>DINNER</b> Beef Barley Soup Grilled Cheese Sandwich Green Peas, Fresh Fruit	<b>BREAKFAST</b> Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup <b>LUNCH</b> Green Salad, Dressing, Chicken Fajitas, Refried Beans, Flour Tortillas Spiced Peaches <b>DINNER</b> Corn Chowder Soup, Beef & Macaroni, Carrots, Bread Fruited Gelatin	<b>BREAKFAST</b> Fruit Juice, Milk Oatmeal, Buttermilk Pancakes, Syrup Fruit Cup <b>LUNCH</b> Cucumber Vinegarette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie <b>DINNER</b> Beef Stew w/Vegetables, Biscuit Chocolate Cookies	<b>THE MONTH OF MARCH IS...</b>			
				Asset Management Awareness Month Athletic Training Month Irish-American Heritage Month Multiple Sclerosis Awareness Month Music in our Schools Month National Brain Injury Awareness Month National Caffeine Awareness Month Nat'l. Cerebral Palsy Awareness Month National Craft Month	National Kidney Month National Noodle Month National Nutrition Month National Peanut Month National Umbrella Month National Women's History Month National Social Work Month Reading Awareness Month Youth Art Month		

