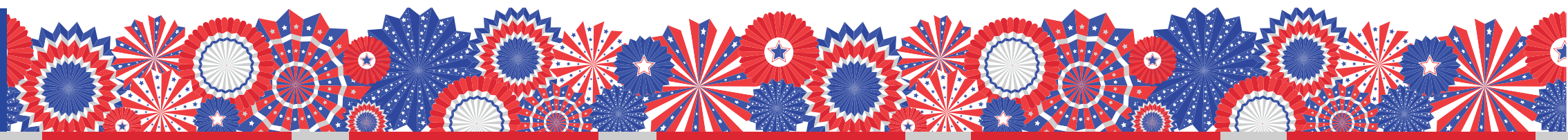


Lakewood Gardens 2026

July Menu

Menu subject to change without prior notice.
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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|---|---|--|---|--|---|---|--|
| <p>"Where liberty dwells, there is my country." ~ Benjamin Franklin</p> | <p>The Month of July is... Air Conditioning Appreciation Month Family Golf Month July Belongs to Berries Month Make a Difference to Children Month Nat'l Baked Bean Month Nat'l Black Family Month Nat'l Blueberry Month Nat'l Culinary Arts Month Nat'l Dry Eye Awareness Month Nat'l Family Reunion Month Nat'l Grilling Month</p> | | <p>Nat'l Hot Dog Month Nat'l Ice Cream Month Nat'l Park & Recreation Month Nat'l Peach Month Nat'l Picnic Month Nat'l Raspberry Month Nat'l Watermelon Month Nat'l Wheelchair Beautification Month Social Wellness Month UV Safety Month World Watercolor Month</p> | <p>BREAKFAST 1 Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Coffee Cake Scrambled Egg LUNCH Green Salad, Baked Fish Tator Tots, Sliced Zucchini, Bread Chocolate Cake DINNER Clam Chowder Soup, Chicken Salad Trio Bean Salad, Roll, Custard</p> | <p>BREAKFAST 2 Fruit Juice, Milk, Fruit Cup Oatmeal, Waffles, Toast LUNCH Coleslaw, Sliced Ham, Sweet Potato Casserole, Mixed Vegetables, Bread Peanut Butter Cookies DINNER Vegetable Soup, Meatballs in Gravy Over Noodles, Sliced Carrots, Bread Bread Pudding</p> | <p>BREAKFAST 3 Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH 3-Bean Salad, Chicken Pattie Gravy, Bowtie Noodles, Zucchini Roll, Spiced Pears DINNER Minestrone Soup, Garlic Bread Spaghetti w/Meat Sauce Mixed Vegetables, Carrot Cake</p> | <p>Independence Day 4 BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast 4TH OF JULY LUNCH Hot Dogs, French Fries Pickles Watermelon DINNER Beef Barley Soup Grilled Cheese Sandwich Green Peas, Chilled Pineapple Tidbits</p> |
| <p>BREAKFAST 5 Fruit Juice, Milk, Fruit Cup Cream of Wheat Cheese Omelet, Toast LUNCH Green Salad, Dressing, Bread Sliced Pork, Gravy, Mashed Potatoes Spinach, Sherbet DINNER Corn Chowder Soup Beef & Macaroni, Carrots, Bread Apple Crisp</p> | <p>BREAKFAST 6 Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Cucumber, Vinegarette, Baked Fish Oven Fried Potatoes, Bread Creole Tomatoes Fresh Fruit DINNER Beef Stew w/Vegetables, Biscuit Custard</p> | <p>BREAKFAST 7 Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg Bran Muffin LUNCH Green Salad, Dressing, Beef & Vegetable Fajitas, Flour Tortillas Beans, Oatmeal Cookies DINNER Vegetable Soup, Hot Turkey Gravy, Mixed Vegetables Bread, Ambrosia</p> | <p>BREAKFAST 8 Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad w/Dressing BBQ Chicken, Steamed Rice Sliced Zucchini, Bread Strawberry Ice Cream DINNER Split Pea Soup, Hamburger on a Bun French Fries, Leaf Lettuce & Tomato Slice, Peaches</p> | <p>BREAKFAST 9 Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Eggs LUNCH Zucchini & Tomato Salad Sweet & Sour Pork, White Rice Green Beans, Cookies DINNER Vegetable Soup Scalloped Potatoes w/Diced Ham Broccoli, Bread, Apple Whip</p> | <p>BREAKFAST 10 Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Eggs, Toast LUNCH Green Salad w/Dressing, Roll Turkey, Mashed Potatoes, Gravy Green Beans, Gello Cubes w/Topping DINNER Barley Soup, Tuna Salad Place Fruity Carrot Salad, Bread Carrot Cake</p> | <p>BREAKFAST 11 Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH Green Salad, Dressing Beef Stroganoff over Noodles Mixed Vegetables, Bread Frosted Cake DINNER Mushroom Soup, Potato Salad BBQ Pork on Bun Chilled Pineapple Tidbits</p> | |
| <p>BREAKFAST 12 Fruit Juice, Milk, Fruit Cup Oatmeal, Corned Beef, Toast LUNCH Green Salad, Dressing Chicken w/Gravy, Mashed Potatoes Seasoned Spinach, Bread Sliced Spice Apples DINNER Cream of Tomato Soup Macaroni & Cheese Green Beans, Corn Bread, Fresh Fruit</p> | <p>BREAKFAST 13 Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Pancakes, Syrup LUNCH Sliced Cucumbers Beef Stir Fry over Steamed Rice Japanese Vegetables, Bread Chocolate Pudding DINNER Vegetable Soup, Egg Salad Sandwich Green Pea & Cheese Salad Cran-Apple Crisp</p> | <p>BREAKFAST 14 Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Beet Salad, Roast Pork, Gravy Mashed Potatoes, Sliced Zucchini Bread, Frosted Cake DINNER Beef Barley Soup Roast Beef Sandwich Potato Chips, Sliced Peaches</p> | <p>BREAKFAST 15 Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Green Salad, Dressing Sloppy Joe on Bun, Green Beans Macaroni Salad, Fresh Fruit Cup DINNER Minestrone Soup Baked Fish, Mashed Potatoes Beets, Bread, Brownie</p> | <p>BREAKFAST 16 Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Chicken Creole, Mashed Potatoes Peas & Carrots, Bread, Cookies DINNER Turkey Soup, Grilled Cheese Sandwich, Pickle Chips, Broccoli Pudding</p> | <p>BREAKFAST 17 Fruit Juice, Milk, Fruit Cup Cream of Wheat, Coffee Cake LUNCH Green Salad, Dressing, Meat Loaf Mashed Potatoes, Gravy Waxed Beans, Roll, Sliced Apples DINNER Beef Barley Soup BLT Sandwich Potato Chips, Sliced Tomatos Carrot Cake</p> | <p>BREAKFAST 18 Fruit Juice, Milk, Fruit Cup Oatmeal, Cheesy Scrambled Egg Toast LUNCH Green Salad, Dressing, Roast Pork Gravy, Steamed Rice, Green Peas Bread, Spiced Apple Sauce DINNER Cream of Tomato Soup, Ravioli Green Beans, Garlic Bread Cookie</p> | |
| <p>BREAKFAST 19 Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Green Salad w/Dressing Cheese Enchiladas, Beans Apple Crisp DINNER Bean Soup Chicken Tetrazzini, Steamed Carrots Cornbread, Fresh Fruit</p> | <p>BREAKFAST 20 Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Sliced Cucumber w/Sour Cream Roast Beef, Gravy, Mashed Potatoes Pineapple Tidbits DINNER Cream of Broccoli Soup Deli Meat Sandwich, Pasta Salad Lettuce, Tomato Peanut Butter Cookies</p> | <p>BREAKFAST 21 Fruit Juice, Milk, Fruit Cup Cream of Rice, Pancakes, Syrup LUNCH Green Salad, Dressing Chicken Supreme Bread Stuffing Green Peas, Fresh Fruit DINNER Vegetable Soup Spaghetti & Meat Sauce Green Beans, Garlic Bread Fresh Fruit</p> | <p>BREAKFAST 22 Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Salisbury Steak, Mashed Potatoes Sliced Carrots, Roll Frosted Chocolate Cake DINNER Split Pea Soup, Hot Turkey Sandwich over Toast w/Gravy Mashed Potatoes, Beets Strawberry Yogurt</p> | <p>BREAKFAST 23 Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad Tuna Noodle Casserole Mixed Vegetables, Peaches DINNER Cream of Celery Soup Hamburger on Bun, Potato Salad Sliced Tomato, Lettuce Fresh Fruit</p> | <p>BREAKFAST 24 Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg Slice of Toast, Margarine LUNCH Green Salad, Dressing Baked Chicken, Mashed Potatoes Spinach, Bread, Chocolate Cookies Peaches DINNER Vegetable Soup, Deli Meat Sandwich, Lettuce, Tomato, Potato Chips, Gelatin w/Fruit</p> | <p>BREAKFAST 25 Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Carrot Salad, Ravioli, Mixed Vegetables, Garlic Bread, Ice Cream DINNER Tomato Soup, Turkey Tetrazzini Steamed Broccoli, Bead Sliced Peaches</p> | |
| <p>BREAKFAST 26 Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Green Salad w/Dressing Oven Fried Fish Tartar Sauce, Corn & Pimentos Broccoli, Yellow Cake DINNER Chili Con Carne, Cornbread Grated Cheese, Chopped Onions Jello Cubes</p> | <p>BREAKFAST 27 Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Sliced Cucumber w/Sour Cream Roast Beef, Gravy, Mashed Potatoes Rainbow Sherbet DINNER Cream of Broccoli Soup Deli Meat Sandwich, Pasta Salad Lettuce, Tomato Carrot Cake</p> | <p>BREAKFAST 28 Fruit Juice, Milk, Fruit Cup Cream of Rice, Pancakes, Syrup LUNCH Green Salad, Dressing Chicken Supreme Bread Stuffing Green Peas, Sugar Cookies DINNER Vegetable Soup Spaghetti & Meat Sauce Green Beans, Garlic Bread Fresh Fruit</p> | <p>BREAKFAST 29 Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Coffee Cake Scrambled Egg LUNCH Green Salad, Baked Fish Tator Tots, Sliced Zucchini, Bread Chocolate Cake DINNER Clam Chowder Soup, Chicken Salad Trio Bean Salad, Roll, Custard</p> | <p>BREAKFAST 30 Fruit Juice, Milk, Fruit Cup Oatmeal, Waffles, Toast LUNCH Coleslaw, Sliced Ham, Sweet Potato Casserole, Mixed Vegetables, Bread Peanut Butter Cookies DINNER Vegetable Soup, Meatballs in Gravy Over Noodles, Sliced Carrots, Bread Bread Pudding</p> | <p>BREAKFAST 31 Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH 3-Bean Salad, Chicken Pattie Gravy, Bowtie Noodles, Zucchini Roll, Spiced Pears DINNER Minestrone Soup, Garlic Bread Spaghetti w/Meat Sauce Mixed Vegetables, Carrot Cake</p> | <p>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.</p> <p>BEVERAGES Breakfast Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea</p> | |