

Lakewood Gardens 2025

January Menu

Menu subject to change without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<p>The Month of January is...</p> <p>Alzheimer Awareness Month Apple and Apricot Month Be Kind To Food Servers Month Big and Tall Month Int'l Creativity Month Nat'l Blood Donor Month Nat'l Eye Care Month Nat'l Fiber Focus Month Nat'l Get Organized Month Nat'l Glaucoma Awareness Month Nat'l Hobby Month</p>		<p>New Year's Day</p> <p>Nat'l Hot Tea Month Nat'l Maybe I Will and Maybe I Won't Nat'l Meat Month Nat'l Oatmeal Month Nat'l Polka Music Month Nat'l Soup Month Nat'l Staying Healthy Month Nat'l Thank You Month Celebration of Life Month Int'l Brain Teaser Month Int'l Creativity Month</p>		<p>1</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup</p> <p>LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake</p> <p>DINNER Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit</p>		<p>2</p> <p>BREAKFAST Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine</p> <p>LUNCH Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp</p> <p>DINNER Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit</p>		<p>3</p> <p>BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet</p> <p>LUNCH Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies</p> <p>DINNER Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach, Strawberry Yogurt</p>		<p>4</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup</p> <p>LUNCH Carrot Salad, Citrus Baked Chicken Parsied Potatoes, Mixed Vegetables Bread, Ice Cream</p> <p>DINNER Chicken Noodle Soup, Western BBQ Sandwich, Baked Beans Peaches</p>			
<p>5</p> <p>BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Diced Sausage</p> <p>LUNCH 3-Bean Salad, Roast Beef, Gravy Scalloped Potatoes, Roll Yellow Cake Topping</p> <p>DINNER Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes</p>		<p>6</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup</p> <p>LUNCH Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet</p> <p>DINNER Cream of Broccoli Soup Turkey Pot Pie, Green Beans, Bread Carrot Cake</p>		<p>7</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast</p> <p>LUNCH Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies</p> <p>DINNER Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge, Custard</p>		<p>8</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup</p> <p>LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake</p> <p>DINNER Beef Stew w/Vegetables Cornbread, Fresh Fruit</p>		<p>9</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast</p> <p>LUNCH Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Bread, Peanut Butter Cookies</p> <p>DINNER Vegetable Soup, Beef Fried Steak Country Gravy, Potato Wedges Yellow Squash, Bread Coconut Pudding</p>		<p>10</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Egg w/Diced Ham</p> <p>LUNCH Green Salad, Dressing Oven Baked Fish, Rice Pilaf Sliced Carrots, Spiced Pears</p> <p>DINNER Beef Barley Soup, Turkey Tetrazinni Waxed Beans, Bread, Carrot Cake</p>		<p>11</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup</p> <p>LUNCH Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding</p> <p>DINNER Cream of Tomato Soup Pork Rib Patties on Bun Green Peas Chilled Pineapple Tidbits</p>	
<p>12</p> <p>BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelet</p> <p>LUNCH Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet</p> <p>DINNER Green Salad, Cornbread Chili Con Carne, Grated Cheese Apple Crisp</p>		<p>13</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup</p> <p>LUNCH Green Salad, Dressing Cheese Manicotti, Egg Noodles Green Beans, Bread, Fresh Fruit</p> <p>DINNER Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard</p>		<p>14</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg, Toast</p> <p>LUNCH Green Salad, Salisbury Steak, Gravy Seasoned Spinach Whipped Potatoes, Bread Gello Cubes w/Topping</p> <p>DINNER Split Pea Soup Pastrami Sandwich Potato Chips, Peaches</p>		<p>15</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup</p> <p>LUNCH Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream</p> <p>DINNER Vegetable Soup, Ravioli Italian Vegetables, Bread Ambrosia</p>		<p>16</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast</p> <p>LUNCH Diced Cucumber w/Sour Cream Country Meatloaf, Gravy Bowtie Noodles, Green Beans Chocolate Cream Pie</p> <p>DINNER Zucchini Soup, BBQ Sausage Oven Baked Red Potatoes, Bread Apple Whip</p>		<p>17</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup</p> <p>LUNCH Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies</p> <p>DINNER Clam Chowder Sloppy Joe w/Bun, Fries Chilled Pineapple Tidbits</p>		<p>18</p> <p>BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Scrambled Egg w/Diced Bacon</p> <p>LUNCH Tomato Salad w/French Dressing BBQ Chicken, Rice, Broccoli, Bread Fresh Fruit</p> <p>DINNER Old Fashioned Beef Stew Cornbread, Carrot Cake</p>	
<p>19</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast</p> <p>LUNCH Green Salad w/Dressing Roast Pork, Gravy, Au Gratin Potatoes, Wax Beans, Bread Apple Pie</p> <p>DINNER Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit</p>		<p>20</p> <p>Martin Luther King Jr. Day</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup</p> <p>LUNCH Diced Tomato Salad Stir Fry Chicken, Vegetables Steamed Rice Chocolate Pudding</p> <p>DINNER Cream of Broccoli Soup Beefe and Macaroni, Zucchini Bread, Cran-Apple Crisp</p>		<p>21</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast</p> <p>LUNCH Green Salad, Dressing, Beef Steak Gravy, Corn w/Pimento Mashed Potatoes, Pineapple Cake</p> <p>DINNER Tomato Soup, Tuna Salad Sandwich 3-Bean Salad, Sliced Peaches</p>		<p>22</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup</p> <p>LUNCH Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup</p> <p>DINNER Beef Barley Soup, Cottage Pie Peas and Carrots, Dinner Roll Carrot Cake w/Frosting</p>		<p>23</p> <p>BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast</p> <p>LUNCH Green Salad, Dressing, Sweet 'n' Sour Pork, White Rice, Green Beans Oatmeal Cookies</p> <p>DINNER Split Pea Soup, Turkey a la King Toast, Mixed Vegetables Butterscotch Pudding</p>		<p>24</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-O-Meal, French Toast, Syrup</p> <p>LUNCH Carrot Salad, Chicken Macaroni & Cheese, Sliced Zucchini, Cornbread Sherbet</p> <p>DINNER Chicken Noodle Soup, Fish Burger Tartar Sauce, French Fries Brownie</p>		<p>25</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Biscuit</p> <p>LUNCH Green Salad, Dressing Corned Beef and Boiled Cabbage Sliced Carrots, Bread Spiced Apple Sauce</p> <p>DINNER Clam Chowder Soup, Deli Meat Sandwich, Potato Chips Cookie</p>	
<p>26</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup</p> <p>LUNCH 3-Bean Salad, Roast Turkey, Gravy Stuffing, Green Beans, Dinner Roll Apple Crisp</p> <p>DINNER Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandinavian Vegetables, Fresh Fruit</p>		<p>27</p> <p>BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Sausage</p> <p>LUNCH Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Corn Bread, Pineapple Tidbits</p> <p>DINNER Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli, Garlic Bread, Peanut Butter Cookies</p>		<p>28</p> <p>Chinese New Year Begins</p> <p>BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Hard Boiled Egg</p> <p>LUNCH Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit</p> <p>DINNER Potato Chowder, Tuna Melt Sandwich, Mixed Vegetables Bread Pudding</p>		<p>29</p> <p>BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup</p> <p>LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake</p> <p>DINNER Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit</p>		<p>30</p> <p>BREAKFAST Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine</p> <p>LUNCH Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp</p> <p>DINNER Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit</p>		<p>31</p> <p>BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet</p> <p>LUNCH Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies</p> <p>DINNER Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach, Strawberry Yogurt</p>		<p>BEVERAGES</p> <p>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.</p> <p>Breakfast Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p>Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea</p>	