<b>Lakewood Garo</b> April Menu	Menu subject to change without prior notice.				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
"April is the kindest month. April gets you out of your head and. out working in the garden." ~ Marty Rubin	April Fools Day BREAKFASI Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <u>LUNCH</u> Sweet and Sour Chicken White Rice, Oriental Vegetables Bread, Strawberry Yogurt <u>DINNER</u> Beef Barley Soup, Green Pea Salad Pastrami Sandwich on Rye Bread Fresh Fruit	BREAKFASI Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup <u>LUNCH</u> Green Salad, Dressing Beef Fajitas, Refried Beans Spiced Peaches <u>DINNER</u> Corn Chowder Soup Honey Baked Ham, Sweet Yams Seasoned Carrots, Jello	BREAKFASI Fruit Juice, Milk, Oatmeal Buttermilk Pancakes, Syrup, Fruit Cup LUNCH Cucumber Vinaigrette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie DINNER Beef Stew w/Vegetables, Biscuit Chocolate Cookies	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin LUNCH Green Salad, Dressing, Lasagna Blend of Vegetables, Garlic Bread Fruit Cup <u>DINNER</u> Cabbage Soup, Chicken Salad Sandwich, Potato Salad Bread Pudding	Fru Hard B Split Peo Frei Tom
BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup <u>LUNCH</u> Green Salad, Dressing, Dinner Roll Chicken Fried Steak Mashed Potatoes, Green Beans Frosted Cake <u>DINNER</u> Barley Soup, Tuna Salad Fruit Carrot Salad, Bread Cherry Crunch	BREAKFASI Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup <u>LUNCH</u> Green Salad, Dressing Teriyaki Chicken, Oriental Vegetables White Rice, Bread, Fresh Fruit Cup <u>DINNER</u> BBQ Pork on Bun, Lentil Soup Potato Salad, Cookies	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup LUNCH Green Salad, Enchilada Casserole Refried Beans, Apple Crisp DINNER Cream of Tomato Soup Macaroni & Cheese, Green Beans Corn Bread Chocolate Pudding	BREAKFASI Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal LUNCH Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Peas, Bread, Frosted Cake DINNER Vegetable Soup, Potato Chips Sliced Ham Sandwich Frosted Spice Cake	BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast <u>LUNCH</u> Beet Salad, Mostaccioli w/Meat Sauce Sliced Zucchini, Fruit in Season <u>DINNER</u> Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears	Frui G BBQ ( Spl Turke
BREAKFAST Fruit Juice, Milk Cream of Wheat, Scrambled Egg Coffee Cake, Banana Half, Toast <u>LUNCH</u> Baked Chicken, Gravy, Stuffing Green Beans, Pudding <u>DINNER</u> Beef Barley Soup, Chili Con Carne with Cheddar Cheese, Cornbread Cookies	BREAKFASI Fruit Juice, Milk, Oatmeal Cheesy Scrambled Egg, Toast Fruit Cup LUNCH Green Salad, Slice of Ham Au Gratin Potatoes, Peas, Bread Yogurt DINNER Tomato Soup Grilled Cheese Sandwich 3 Bean Salad, Pear Crisp	BREAKFAST Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup <u>LUNCH</u> Green Salad, Dressing, Chicken Fajitas, Refried Beans, Cookies <u>DINNER</u> Cream of Broccoli Soup BLT Sandwich, French Fries Custard	BREAKFASI Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup LUNCH Green Salad, Dressing Beef & Rice Casserole, Carrots and Corn, Bread, Pineapple <u>DINNER</u> Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	BREAKFAST Fruit Juice, Milk Cream of Rice, Scrambled Egg <u>LUNCH</u> Green Salad, Creamy Chicken & Bowtie Noodles, Seasoned Carrots Dinner Roll, Frosted Cake <u>DINNER</u> White Bean Soup Roast Beef Sandwich Green Pea Salad, Vanilla Pudding	Fru Scram Green Pota Split Pea Sa
BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup <u>LUNCH</u> Green Salad, Dressing Baked Chicken, Gravy, Seasoned Peas, Mashed Potatoes Apple Pie <u>DINNER</u> Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit	Earth Day/Passooer begins at sundown BREAKFAST Fruit Juice, Milk Cream of Rice, Pancakes LUNCH Green Salad, Swedish Meatballs Green Beans, White Rice Bread, Jello DINNER Lentil Soup, Turkey Rice Casserole Steamed Broccoli, Bread Spiced Pears	BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup <u>LUNCH</u> Green Salad, Dressing Cheese Enchiladas, Refried Beans Spiced Peaches <u>DINNER</u> Chicken Noodle Soup BBQ Beef on Bun, Tator Tots Gingerbread Cake	BREAKFAST Fruit Juice, French Toast Cream of Wheat, Fruit Cup LUNCH Sliced Cucumber w/Vinaigrette Salisbury Steak, Rice, Broccoli Bread, Fresh Fruit Cup DINNER Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard	BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast, Fruit Cup <u>LUNCH</u> Green Salad, Chicken Parmesan Spaghetti Noodles, Mixed Vegetables, Cookies <u>DINNER</u> Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Peach Crisp	Fi Malt-C Salac Tater To Ye Hot Do Ba
BREAKFASI Fruit Juice, Milk, Toast Fruit Cup, Cream of Rice Cinnamon French Toast <u>LUNCH</u> Green Salad, Dressing, Beef & Macaroni, Green Beans, Bread Cookies <u>DINNER</u> Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Pudding	BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <u>LUNCH</u> Sweet and Sour Chicken White Rice, Oriental Vegetables Bread, Strawberry Yogurt <u>DINNER</u> Beef Barley Soup, Green Pea Salad Pastrami Sandwich on Rye Bread Fresh Fruit	BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup LUNCH Green Salad, Dressing Beef Fajitas, Refried Beans Spiced Peaches DINNER Corn Chowder Soup Honey Baked Ham, Sweet Yams Seasoned Carrots, Jello			The Financia Jazz App Keep An Lawn an Mathem Nat'l Aft Nat'l De Nat'l Foo Nat'l Ga



BREAKFAST Fruit Juice, Milk,Oatmeal Boiled Egg, Toast, Fruit Cup LUNCH BBQ Chicken Rice, Zucchini Sliced Peaches <u>DINNER</u> Pea Soup, Hamburger on Bun rench Fries, Leaf Lettuce omato Slice, Frosted Cake

BREAKFAST ruit Juice, Cream of Rice Milk, French Toast LUNCH Green Salad, Dressing 3Q Chicken, Rice, Carrots Chocolate Pudding <u>DINNER</u> Split Pea Soup, Coleslaw rkey & Cheese Sandwich Gingerbread Cake

BREAKFAST Fruit Juice, Milk, Oatmeal ambled Egg, Toast, Fruit Cup LUNCH en Salad, Sloppy Joe on Bun tato Salad, Cherry Crunch DINNER ea Soup, Grilled Ham & Cheese Sandwich, Potato Chips Fresh Fruit Compote

BREAKFASI Fruit Juice, Milk, Toast It-O-Meal, Pancakes, Syrup LUNCH Iad w/Dressing, Baked Fish r Tots, Sliced Zucchini, Bread Yellow Cake w/Topping DINNER Clam Chowder Dogs on a Bun, French Fries Baked Beans, Fresh Fruit

## e Month of April is...

cial Literacy Month Appreciation Month American Beautiful Month and Garden Month ematics Awareness Month Afternoon Tea Month Decorating Month Good Month Garlic Month Garden Month BREAKFAST Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake Scrambled Fag w/Sausage

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Scrambled Egg w/Sausage <u>LUNCH</u> Green Salad, Dressing, Beef and Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies <u>DINNER</u> Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail

BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast LUNCH Green Salad, Dressing, Hamburger on Bun, French Fries, Baked Beans Watermelon DINNER Vegetable Soup, Spaghetti & Meatballs, Mixed Vegetables Pineapple

BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup <u>LUNCH</u> Green Salad, Dressing Chili Dog, French Fries Apple Cobbler <u>DINNER</u> Cream of Celery Soup Mini Pepperoni Pizza, Caesar Salad Orange Wedge Brownie

> BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast LUNCH Pork and Rice Casserole Broccoli, Dinner Roll Blueberry Crisp DINNER Cream of Tomato Soup Grilled Cheese Sandwich Tater Tots, Pears

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Nat'l Humor Month Nat'l Kite Month Nat'l Licorice Month Nat'l Military Appreciation Month Nat'l Month of Hope Nat'l Month of Hope Nat'l Pecan Month Nat'l Poetry Month Nat'l Volunteer Month Second Chance Month