Lakewood Gardens 2024 May Menu

change without prior notice.





SUNDAY

MONDAY

TUESDAY WEDNESDAY **THURSDAY**

FRIDAY

SATURDAY

The Month of May is...

Country Music Month Family History Month Gifts From the Garden Month Mediterranean Diet Month Nat'l Arts and Humanities Month Nat'l Barbecue Month Nat'l Book Month

Nat'l Pizza Month Nat'l Strawberry Month Nat'l Tennis Month Older Americans Month Nat'l Dessert Month National Barbecue Month Nat'l Hamburger Month World Trade Month Nat'l Hot Dog Month

Cinco de Mayo BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup CINCO DE MAYO FIESTA Green Salad, Dressing

Cheese Enchiladas, Refried Beans Spanish Rrice, Frosted Cake DINNER Barley Soup, Tuna Salad

Fruit Carrot Salad, Bread Cherry Crunch

Mother's Day BREAKFAST Fruit Juice, Milk Cream of Wheat, Scrambled Eaa Coffee Cake, Banana Half, Toast **MOTHER'S DAY CELEBRATION**

Green Salad, Dressing Baked Chicken, Gravy, Stuffing Green Beans, Chocolate Cake DINNER

Beef Barley Soup, Chili Con Carne with Cheddar Cheese, Cornbread Cookies

19 **BREAKFAST** Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup <u>LUNCH</u> Green Salad, Dressing Baked Chicken, Gravy, Seasoned Peas, Mashed Potatoes Apple Pie DINNER

Vegetable Soup, Macaroni & Cheese Green Beans, Cornbread Fresh Fruit

BREAKFAST 26 Fruit Juice, Milk, Toast Fruit Cup, Cream of Rice Cinnamon French Toast **LUNCH** Green Salad, Dressing, Beef & Macaroni, Green Beans, Bread Cookies

DINNER Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Nat'l Military Appreciation Month Nat'l Pasta Month Nat' Pet Month Skin Cancer Awareness Month

Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH

Green Salad, Dressina Teriyaki Chicken, Oriental Vegetables White Rice, Bread, Fresh Fruit Cup DINNER

BBQ Pork on Bun, Lentil Soup French Fries, Cookies

BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup

Fruit Cup

LUNCH Green Salad, Slice of Ham

Au Gratin Potatoes, Peas, Bread

Yogurt

<u>DINNER</u>

Tomato Soup

Grilled Cheese Sandwich

3 Bean Salad, Pear Crisp

BREAKFAST

Fruit Juice, Milk

Cream of Rice, Pancakes

LUNCH

Green Salad, Swedish Meatballs

Green Beans, White Rice Bread, Jello

DINNER

Lentil Soup, Turkey Rice Casserole

Steamed Broccoli, Bread

Spiced Pears

BREAKFAST BREAKFAST Fruit Juice, Milk, Oatmeal

Fruit Juice, Milk, Toast Cheesy Scrambled Egg, Toast Malt-O-Meal, Pancakes, Syrup LUNCH

Green Salad, Dressing, Chicken Fajitas, Refried Beans, Cookies **DINNER**

BREAKFAST

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Green Salad, Dressina

Chicken Fried Steak

Mashed Potatoes, Green Beans

Pudding

DINNER

Cream of Tomato Soup

Macaroni & Cheese, Green Beans

Corn Bread, Chocolate Pudding

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Cream of Broccoli Soup BLT Sandwich, French Fries Custard

20 **BREAKFAST** Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup

LUNCH Green Salad, Dressing Cheese Enchiladas, Refried Beans Spiced Peaches

<u>DINNER</u> Chicken Noodle Soup BBQ Beef on Bun, Tator Tots Gingerbread Cake

BREAKFAST

Fruit Juice, Milk, Toast

Cream of Wheat, Cheese Omelette

Fruit Cup

LUNCH

Green Salad, Dressing

Beef Fajitas, Refried Beans

Spiced Peaches

DINNER

Corn Chowder Soup

Honey Baked Ham, Sweet Yams

Seasoned Carrots, Jello

Buttermilk Pancakes, Syrup, Fruit Cup **LUNCH**

BREAKFAST

Fruit Juice, Milk, Oatmeal

Cucumber Vinaigrette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie **DINNER**

Beef Stew w/Vegetables, Biscuit **Chocolate Cookies**

BREAKFAST

Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal **LUNCH** Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Peas, Bread, Frosted Cake **DINNER**

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Vegetable Soup, Potato Chips Sliced Ham Sandwich Frosted Spice Cake

BREAKFAST

Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup LÜNCH Green Salad, Dressina

Beef & Rice Casserole, Carrots and Corn, Bread, Pineapple DINNER

Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato & Lettuce, Coconut Puddina

BREAKFAST

Fruit Juice, French Toast Cream of Wheat, Fruit Cup LUNCH Sliced Cucumber w/Vinaigrette

Salisbury Steak, Rice, Broccoli Bread, Fresh Fruit Cup DINNER

Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard

BREAKFAST

29 Fruit Juice, Milk, Oatmeal Buttermilk Pancakes, Syrup, Fruit Cup LUNCH

Cucumber Vinaigrette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie **DINNER**

Beef Stew w/Vegetables, Biscuit **Chocolate Cookies**

BREAKFAST

Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin LUNCH Green Salad, Dressing, Lasagna

Blend of Vegetables, Garlic Bread Fruit Cup DINNER

Cabbage Soup, Chicken Salad Sandwich, Potato Salad Bread Pudding

BREAKFAST

Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast <u>LUNCH</u> Beet Salad, Mostaccioli w/Meat Sauce Sliced Zucchini, Fruit in Season DINNER

Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears

> **BREAKFAST** 16 Fruit Juice, Milk

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Cream of Rice, Scrambled Egg **LUNCH** Green Salad, Creamy Chicken & Bowtie Noodles, Seasoned Carrots Dinner Roll, Frosted Cake DINNER

White Bean Soup Roast Beef Sandwich Green Pea Salad, Vanilla Pudding

BREAKFAST

Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast, Fruit Cup LUNCH Green Salad, Chicken Parmesan Spaghetti Noodles, Mixed Vegetables, Cookies DINNER

Split Pea Soup, Ham & Cheese Sandwich, Coleslaw Peach Crisp

30 **BREAKFAST** Fruit Juice, Milk, Oatmeal

Scrambled Egg, Bran Muffin LUNCH Green Salad, Dressing, Lasagna Blend of Vegetables, Garlic Bread

Fruit Cup DINNER Cabbage Soup, Chicken Salad Sandwich, Potato Salad

Bread Pudding

BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup

LUNCH BBQ Chicken Rice, Zucchini Sliced Peaches DINNER

Split Pea Soup, Hamburger on Bun French Fries, Leaf Lettuce Tomato Slice, Frosted Cake

BREAKFAST

Fruit Juice, Cream of Rice Milk, French Toast **LUNCH** Green Salad, Dressing BBQ Chicken, Rice, Carrots Chocolate Pudding DINNER

Split Pea Soup, Coleslaw Turkey & Cheese Sandwich Gingerbread Cake

BREAKFAST

Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast, Fruit Cup LUNCH

Green Salad, Sloppy Joe on Bun Potato Salad, Cherry Crunch DINNER

Split Pea Soup, Grilled Ham & Cheese Sandwich, Potato Chips Fresh Fruit Compote

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BRFAKFAST Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup LUNCH

Salad w/Dressina, Baked Fish Tater Tots, Sliced Zucchini, Bread Yellow Cake w/Topping DINNER

Clam Chowder Hot Dogs on a Bun, French Fries Baked Beans, Fresh Fruit

BREAKFAST

31 Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup LUNCH BBQ Chicken Rice, Zucchini Sliced Peaches **DINNER**

Split Pea Soup, Hamburger on Bun French Fries, Leaf Lettuce Tomato Slice, Frosted Cake

BREAKFAST Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake Scrambled Egg w/Sausage <u>LUNCH</u> Green Salad, Dressing, Beef and

Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies DINNER

Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail

BREAKFAST

11

Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast LUNCH Green Salad, Dressing, Hamburger on Bun, French Fries, Baked Beans

Watermelon **DINNER**

Vegetable Soup, Spaghetti & Meatballs, Mixed Vegetables Pineapple

BREAKFAST

Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup **LUNCH** Green Salad, Dressing Chili Dog, French Fries Apple Cobbler

DINNER Cream of Celery Soup Mini Pepperoni Pizza, Caesar Salad Orange Wedge Brownie

BREAKFAST

Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast LUNCH Pork and Rice Casserole Broccoli, Dinner Roll Blueberry Crisp DINNER Cream of Tomato Soup Grilled Cheese Sandwich Tater Tots, Pears

"May is the month of expectation, the month of wishes, the month of hope."

~ Emily Brontë

Lettuce, Coconut Pudding Fresh Fruit

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*BR<u>EAKFAST</u> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast
MEMORIAL DAY BBQ Green Salad, Dressing

Cheese Burger on Bun, French Fries Baked Beans, Watermelon DINNER

Beef Barley Soup, Green Pea Salad Pastrami Sandwich on Rye Bread